臨床醫療流程圖卡 22 式

2021.12.01

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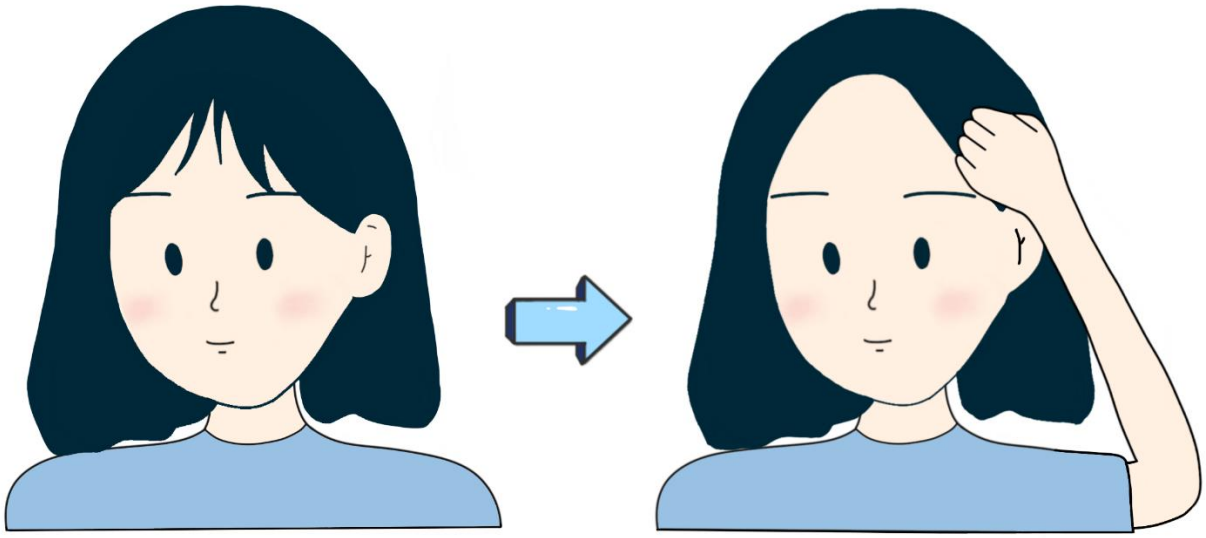
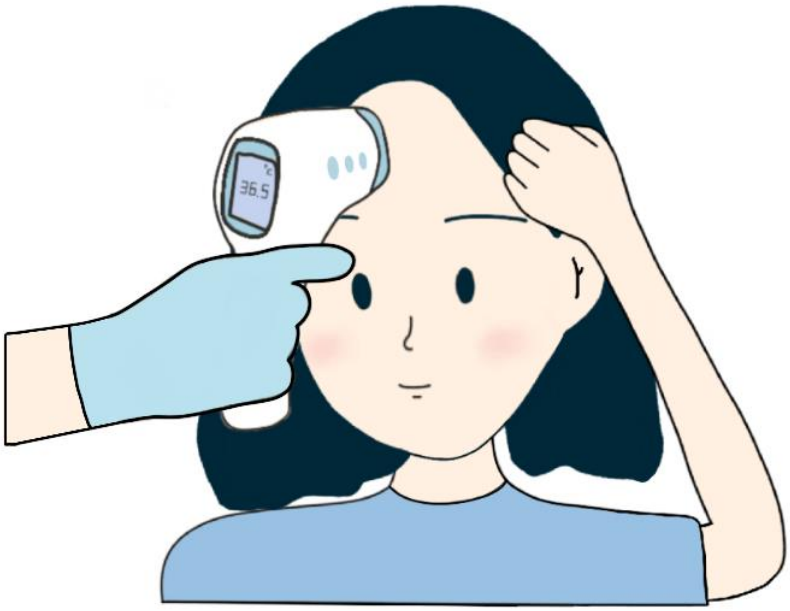
量體溫（非接觸式測溫槍）

1 露出額頭

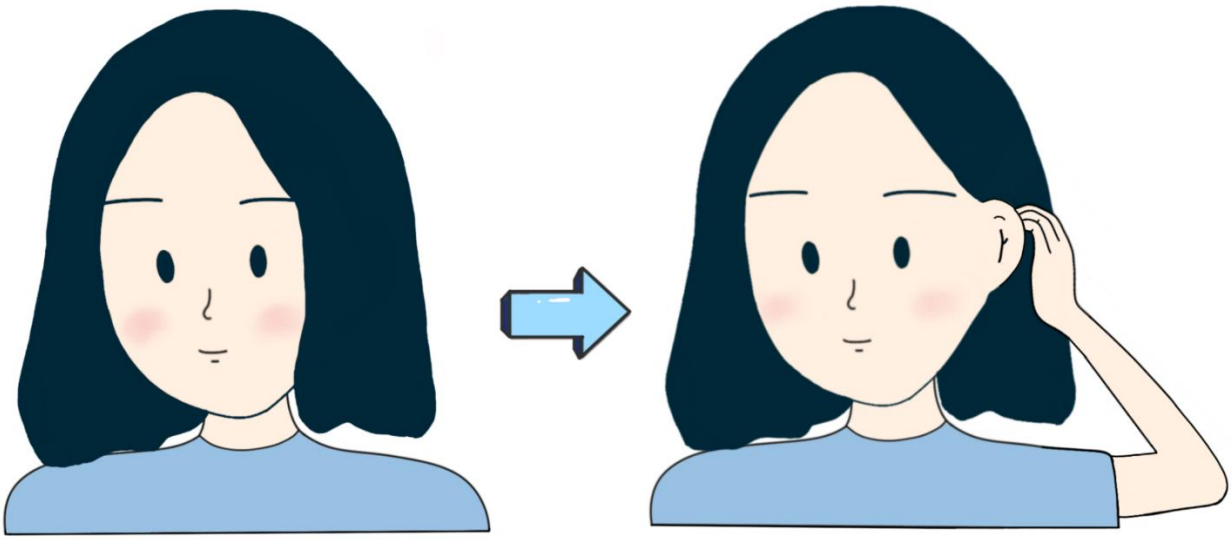


2 量體溫

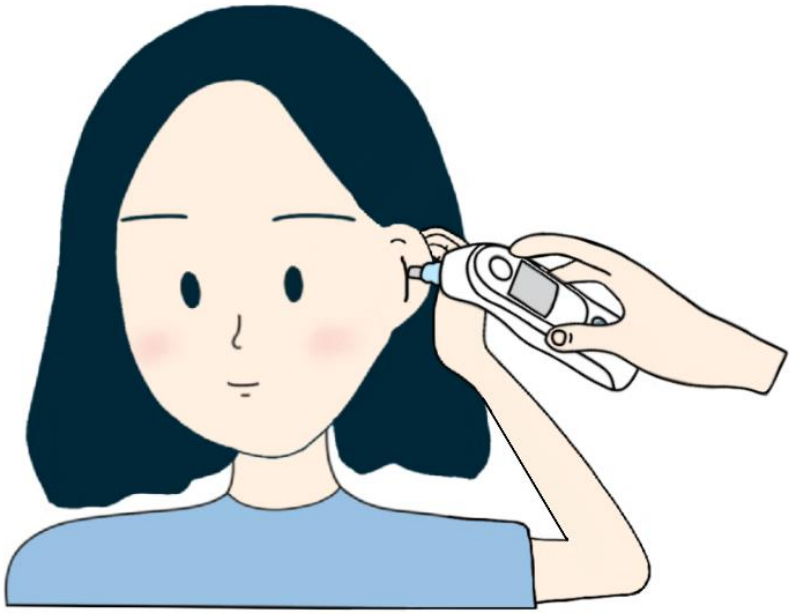


量體溫（耳溫槍）

1 露出耳朵



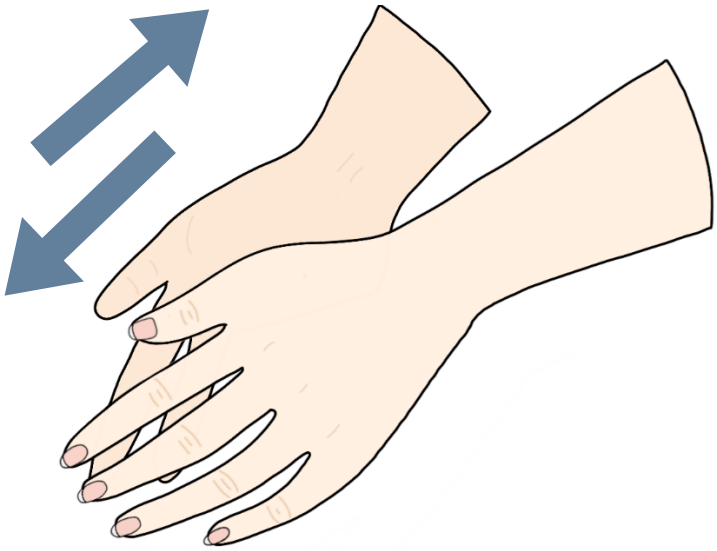
2 量體溫



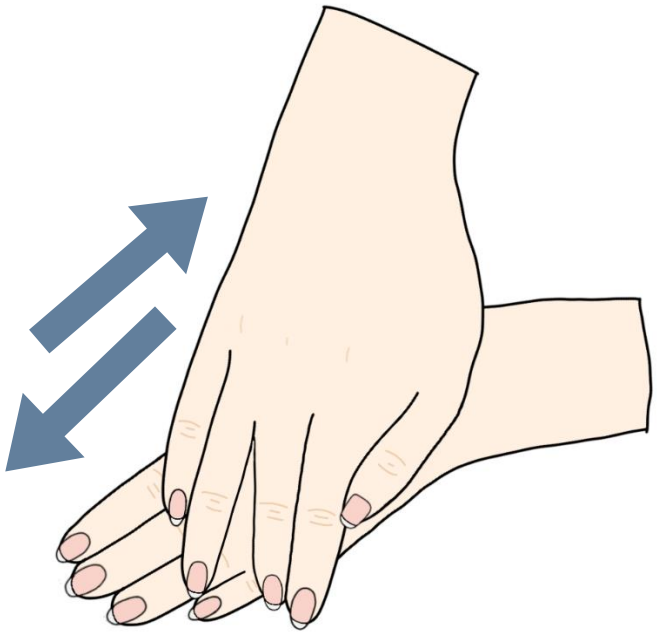
酒精消毒

1 按下這裡，讓酒精灑在手上

2 搓揉手心，進行消毒

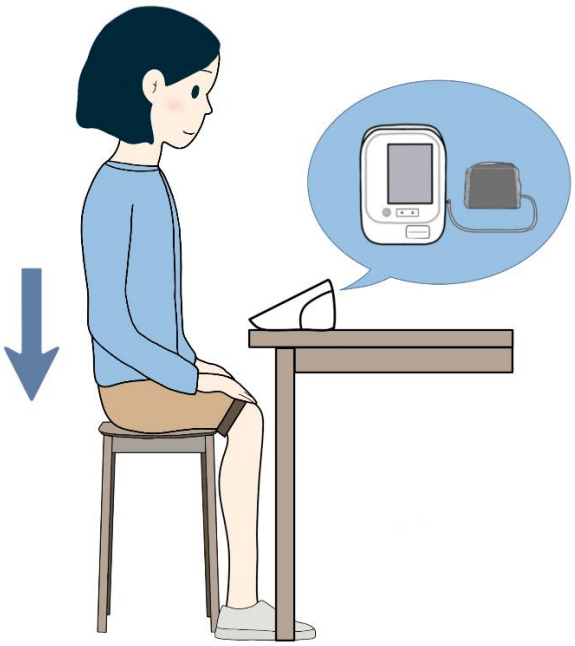


3 搓揉手背，進行消毒



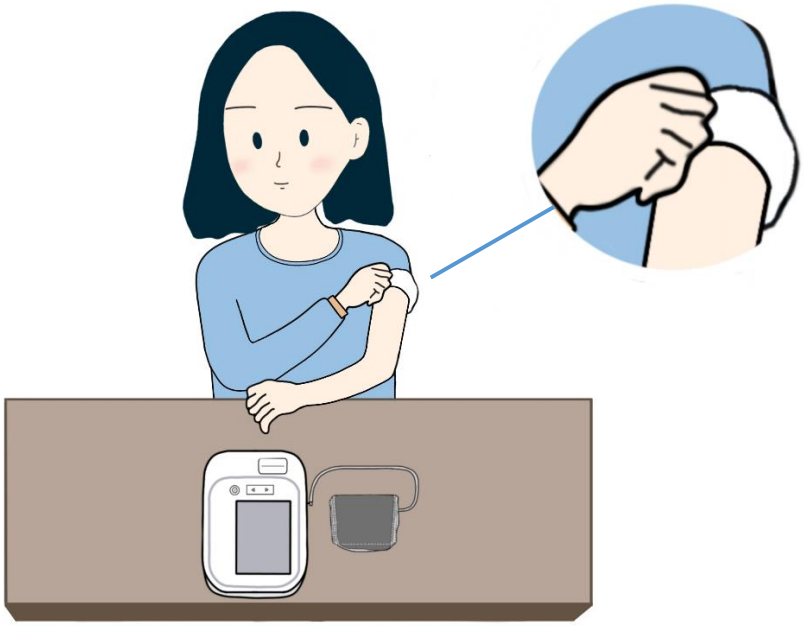
量血壓（手臂式血壓計）

1 坐在血壓計前方

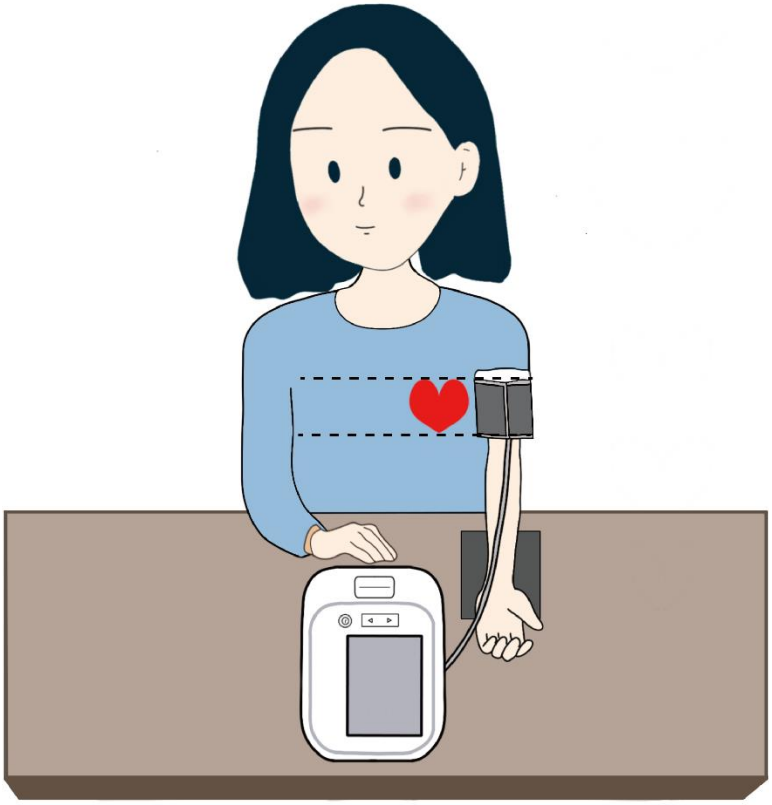


2 準備把袖子捲起來

3 把袖子捲到靠近肩膀的位置

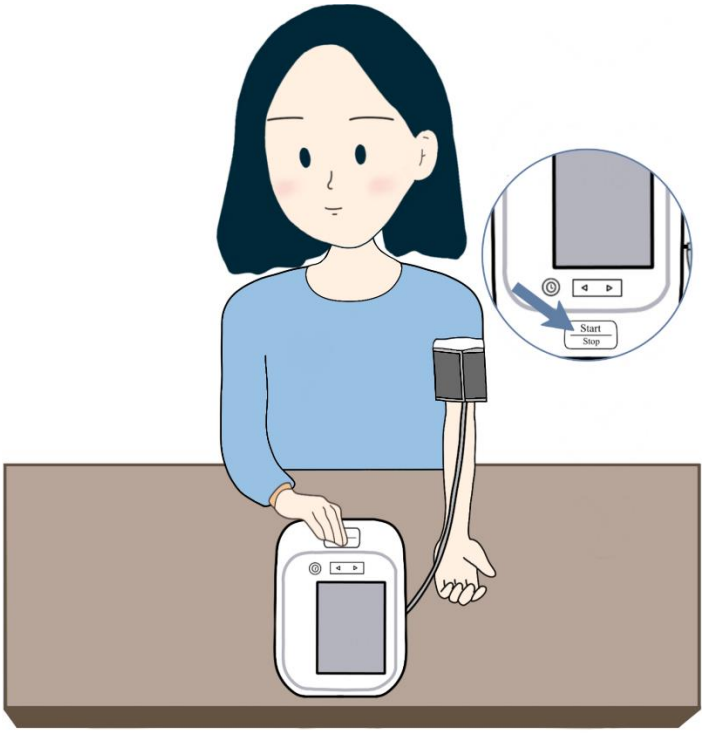


4 帶子綁在跟心臟一樣高的位置



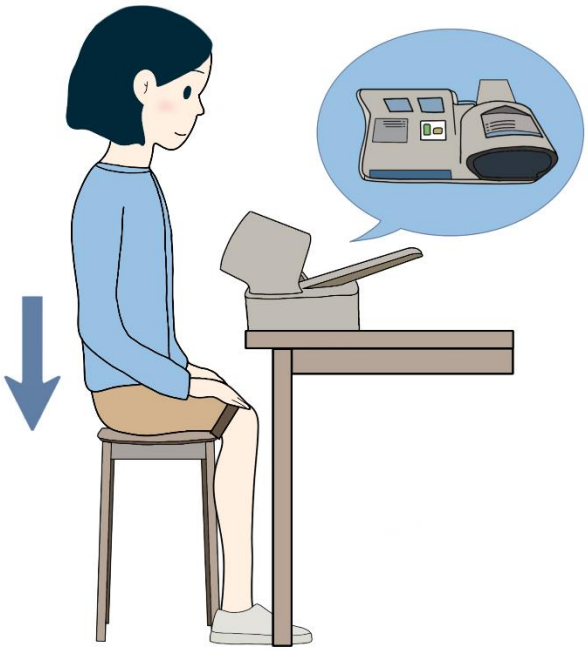
5

按下血壓計的啟動開關，
啟動後帶子會縮緊，
放鬆等待，保持不動



量血壓（隧道式血壓計）

1 坐在血壓計前方



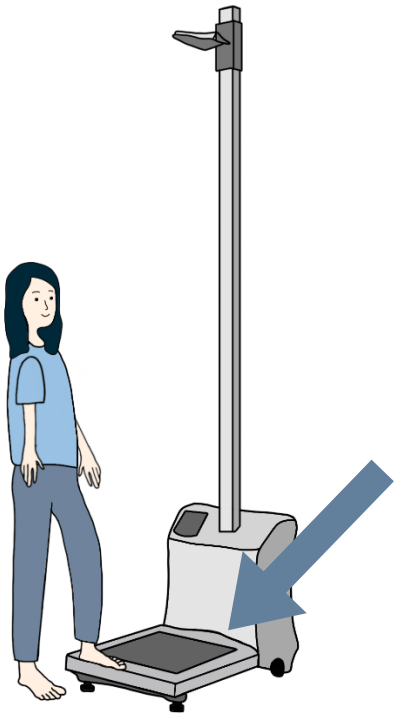
2 將手臂伸進血壓計洞口，
讓手肘以上的部位保持在洞口

3

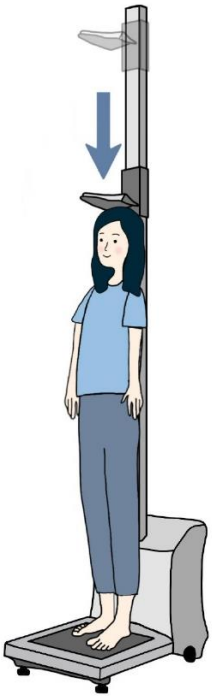
按下血壓計的啟動按鈕，
啟動後洞口會縮緊，
放鬆等待，保持不動

身體檢查（身高體重計）

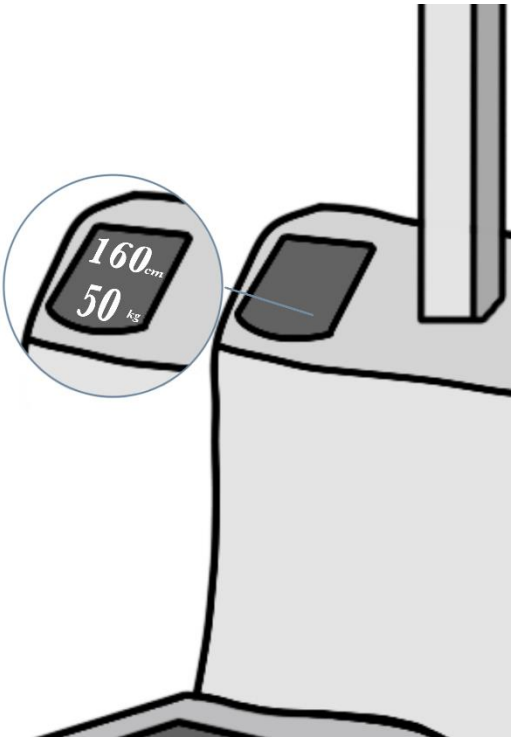
1 站上身高體重計後，背對機器



2 等板子降下來，
板子會輕輕壓到頭

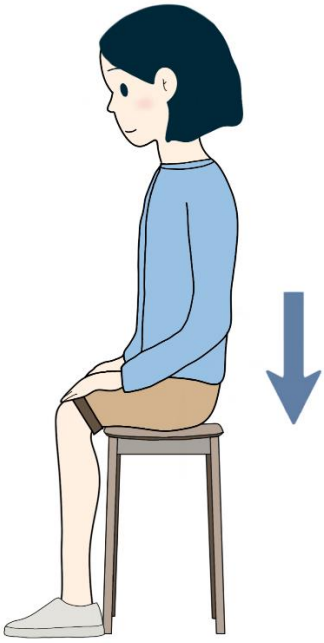


3 測量完畢後，面板會顯示結果



內科檢查

1 坐在椅子上



2 把衣服掀起來，肚子朝向醫師

3

把背部衣服掀起來，
讓醫師檢查背部

耳朵檢查

1 頭髮撥到耳後，讓醫師看耳朵

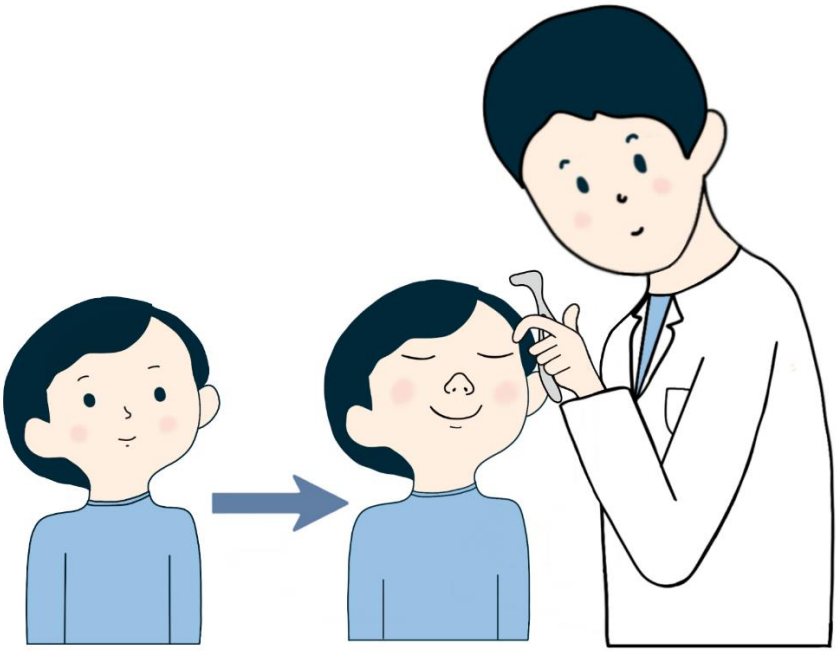
2 醫師會輕輕撐開耳朵，
接著會放入耳鏡

3

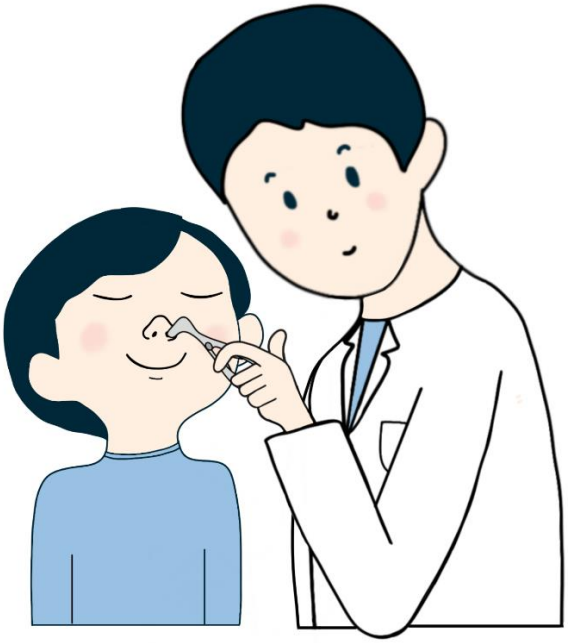
檢查時間需要 10 到 30 秒，
放鬆等待，保持不動

鼻子檢查

1 讓醫師看鼻子

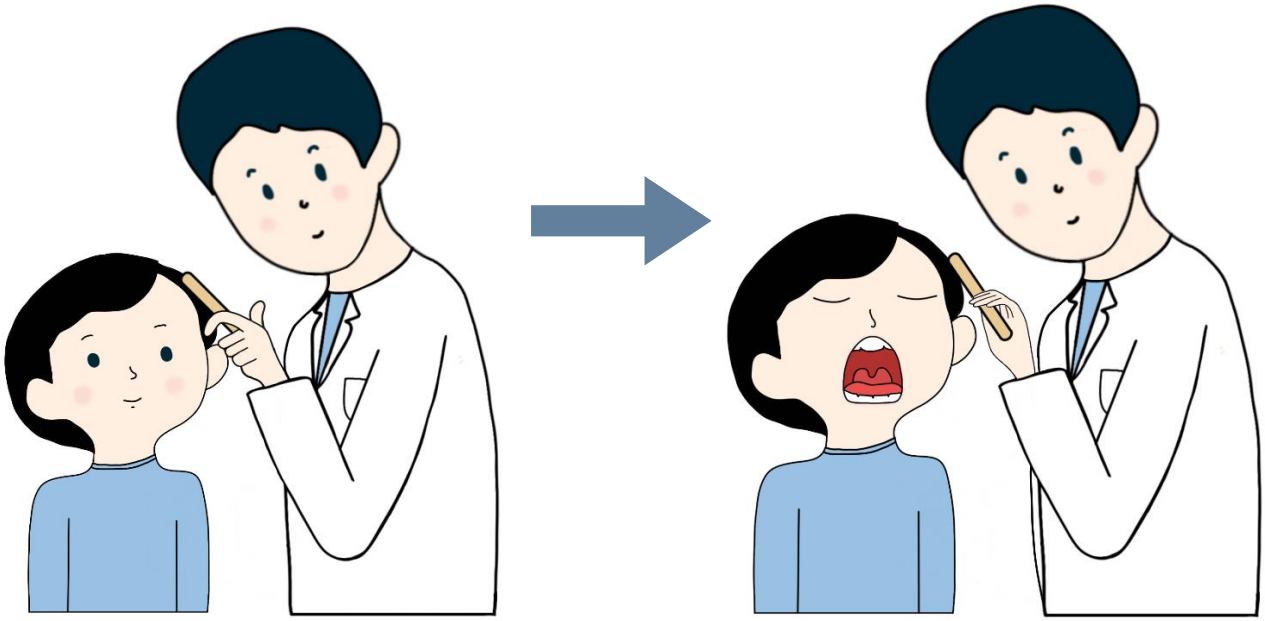


2 醫師會輕輕撐開鼻子，
放入鼻鏡，
檢查時間大約 10 到 30 秒

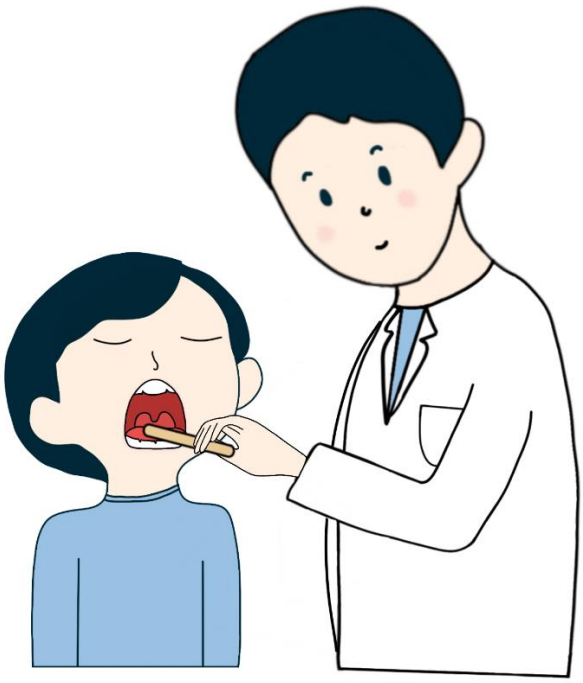


喉嚨檢查

1 張開嘴巴，讓醫師看喉嚨

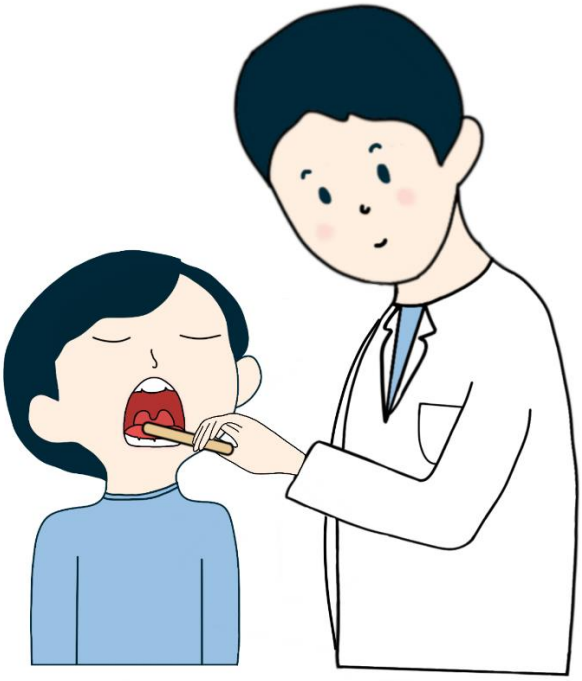


2 醫師會輕輕放入壓舌板



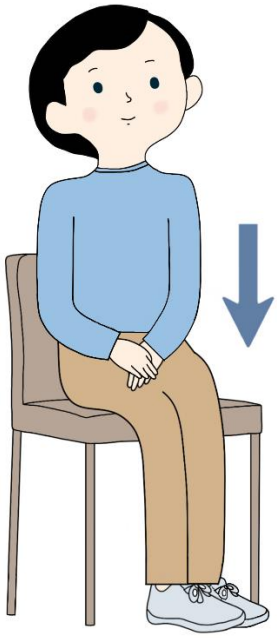
3

檢查時間需要 10 到 30 秒，
放鬆等待，保持不動

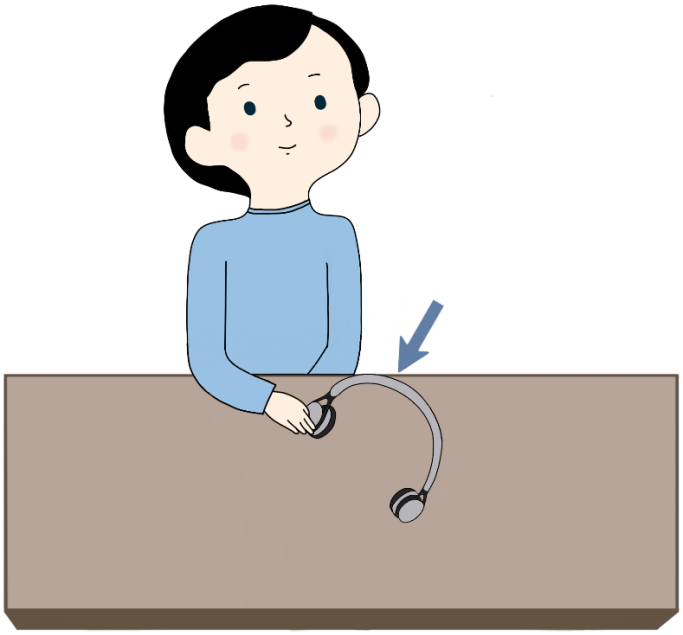


聽力檢查

1 坐在椅子上



2 拿起耳機，準備戴上



3 戴上耳機

4 如果右邊聽到聲音，
就舉起右手

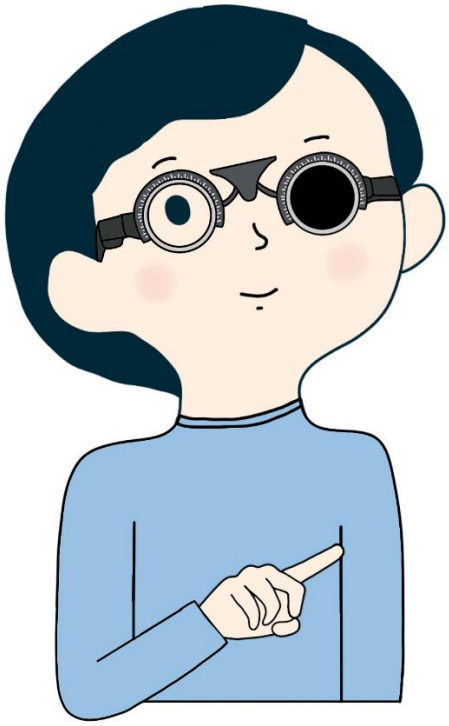
5

如果左邊聽到聲音，
就舉起左手

視力檢查

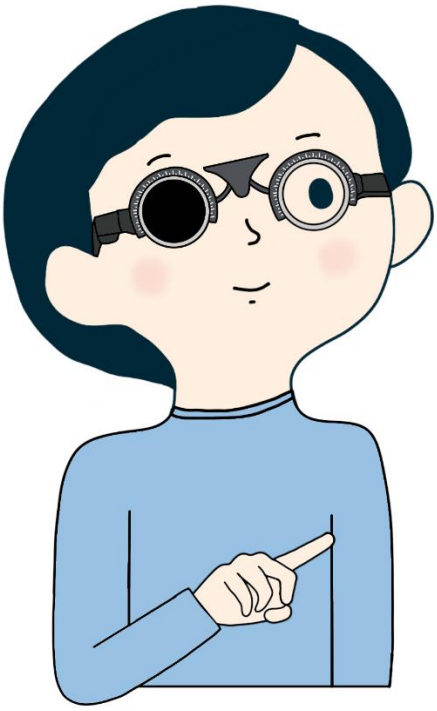
1

檢查人員會先用檢查用具
遮住左眼，
開始檢查右眼視力



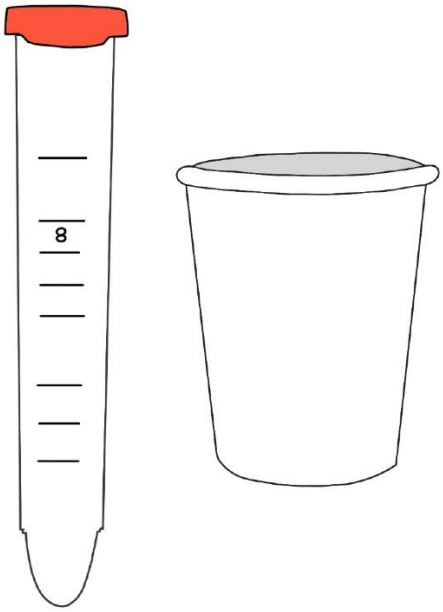
2

接著會用檢查用具遮住右眼，開始檢查左眼視力

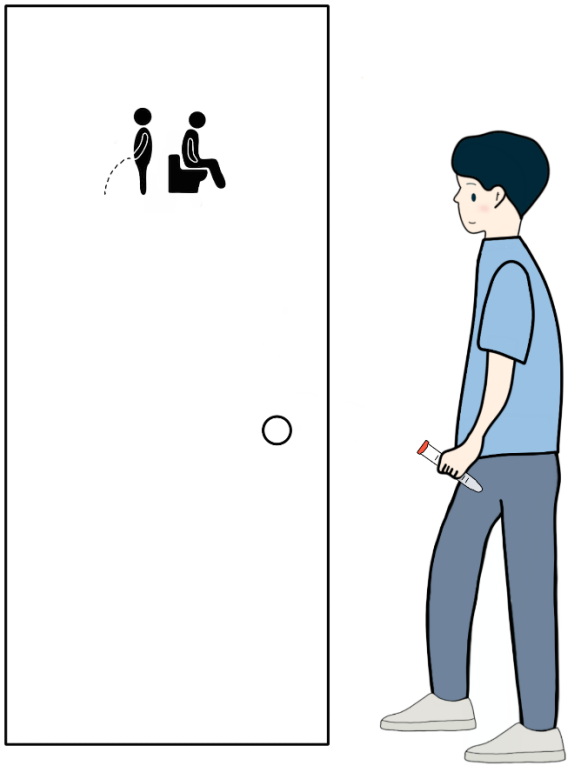


尿液檢查

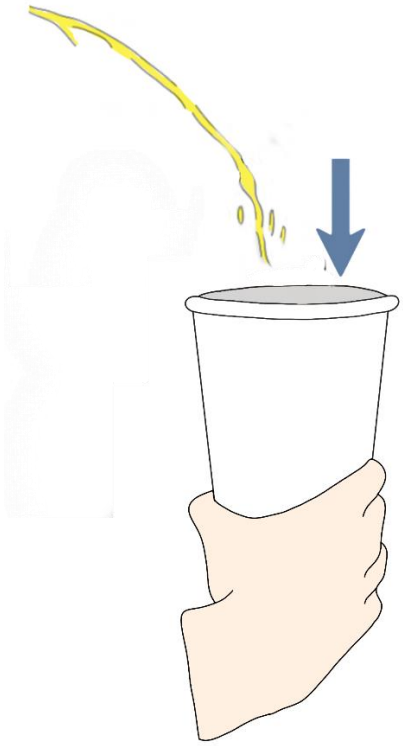
1 領取檢查用的杯子跟管子



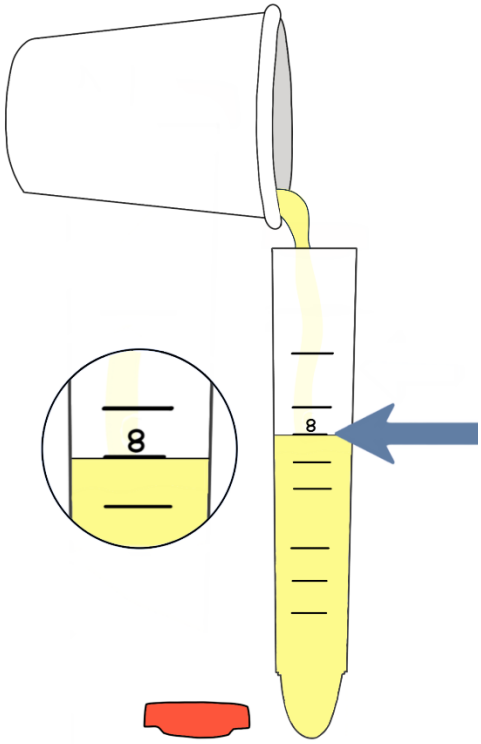
2 帶著杯子跟管子去上廁所



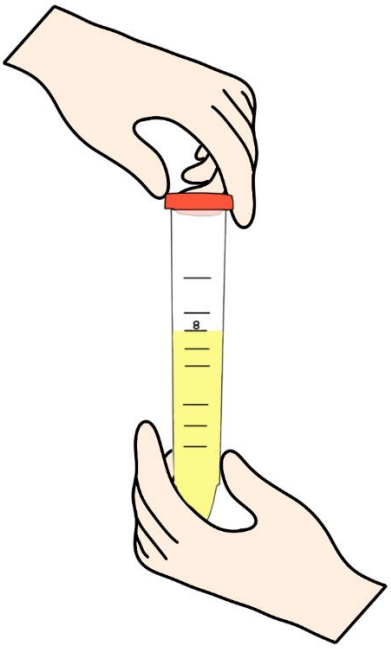
3 上廁所時，尿在杯子裡面



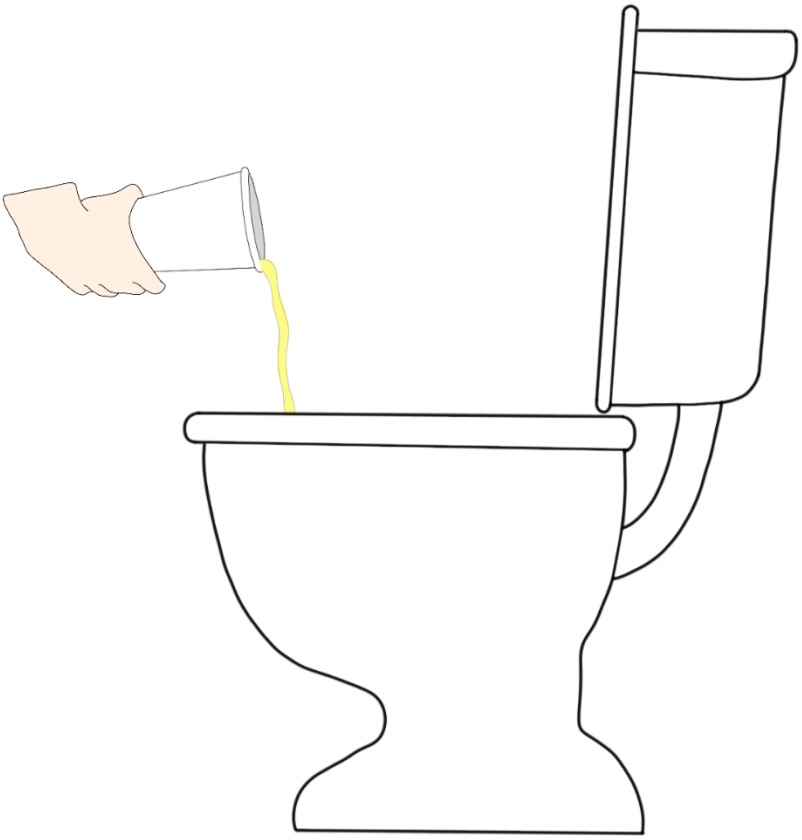
4 把尿液從杯子裡倒進管子，大約裝八分滿



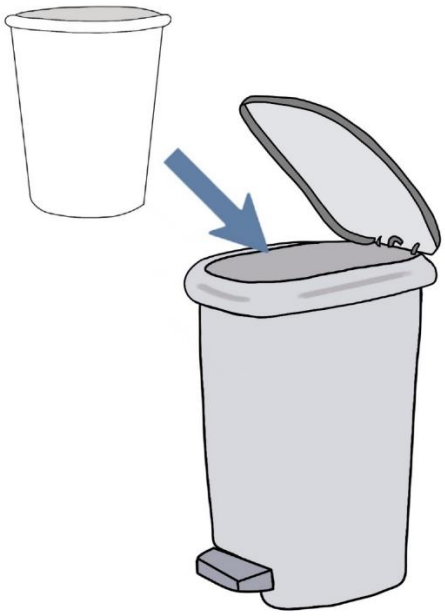
5 把管子的蓋子蓋好、蓋緊



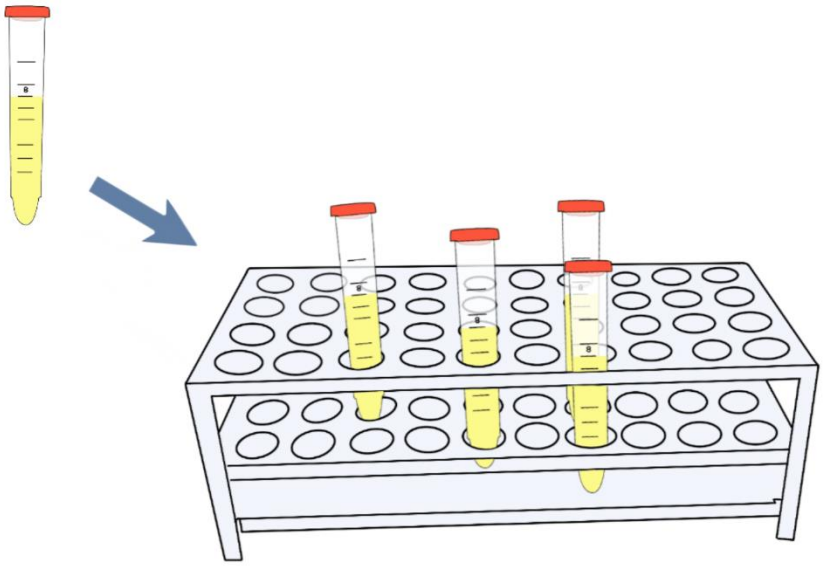
6 把杯子裡多餘的尿液倒回馬桶



7 把杯子丟進廁所垃圾桶

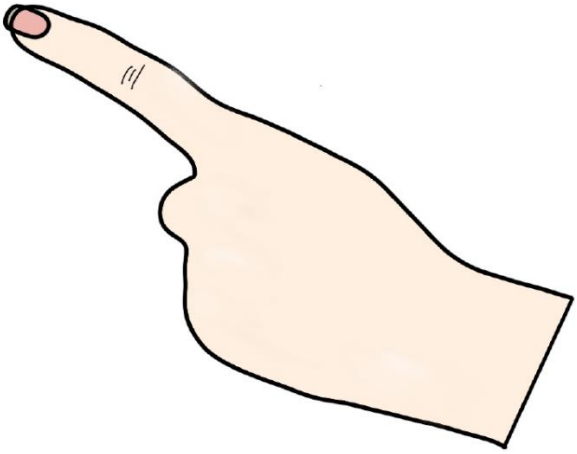


8 把管子交到醫院指定的地方

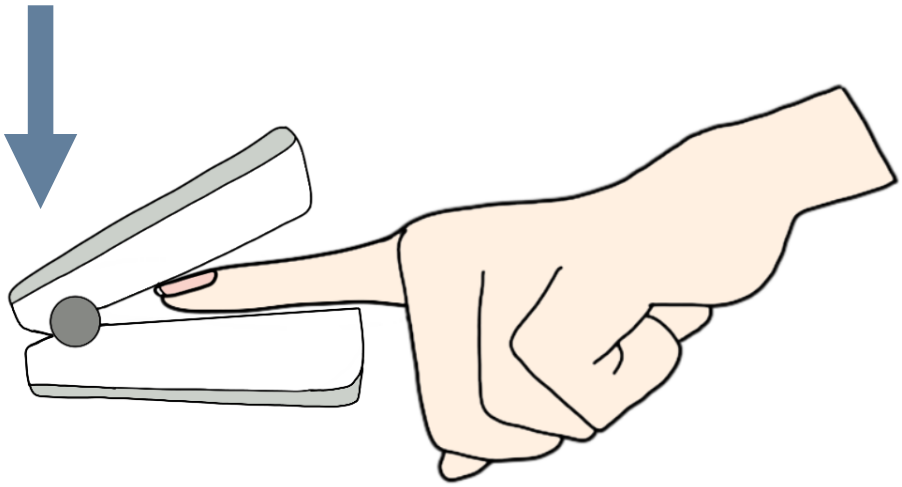


血氧飽和度測量

1 伸出食指



2 壓住機器尾端，
上下打開測量機器

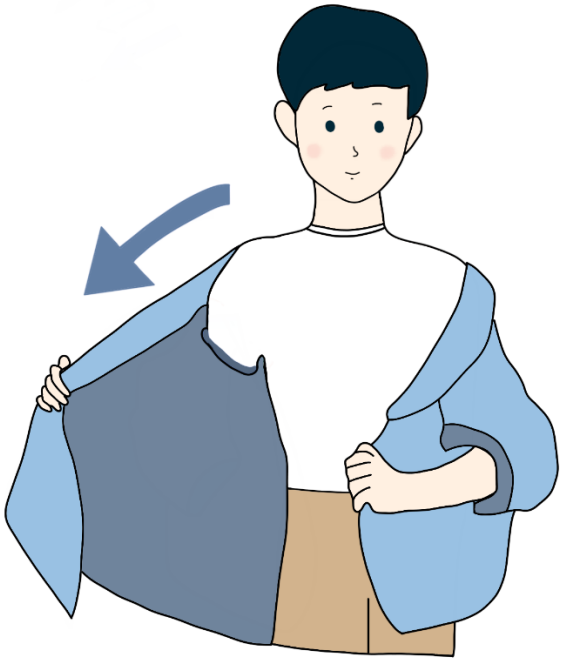


3

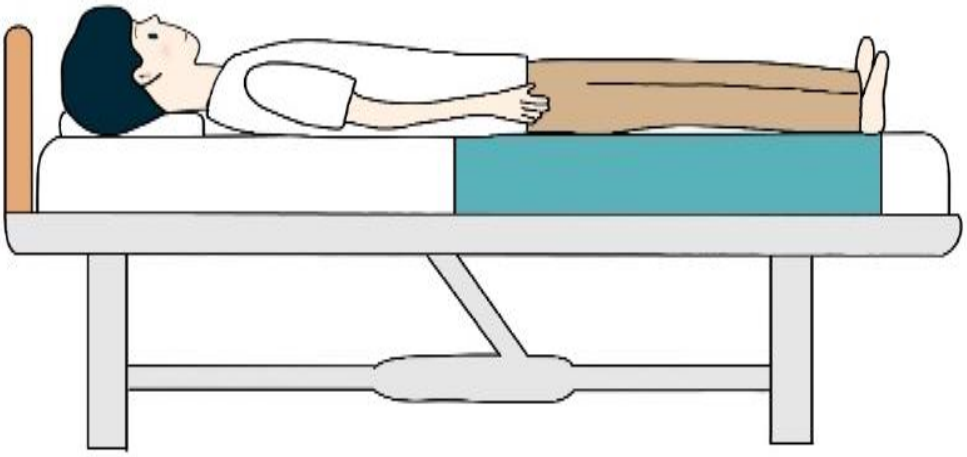
用機器夾住食指，開始測量

超音波檢查

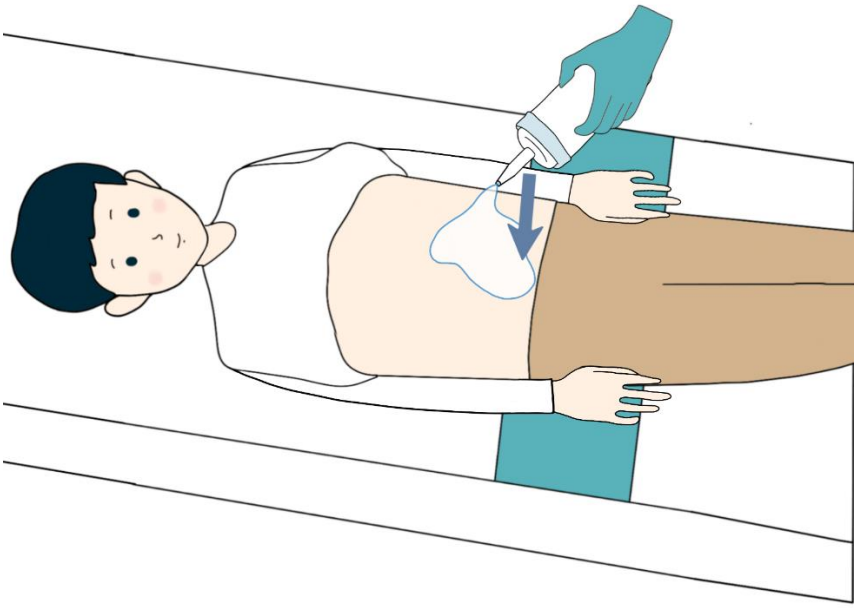
1 聽醫師指示，脫掉衣服



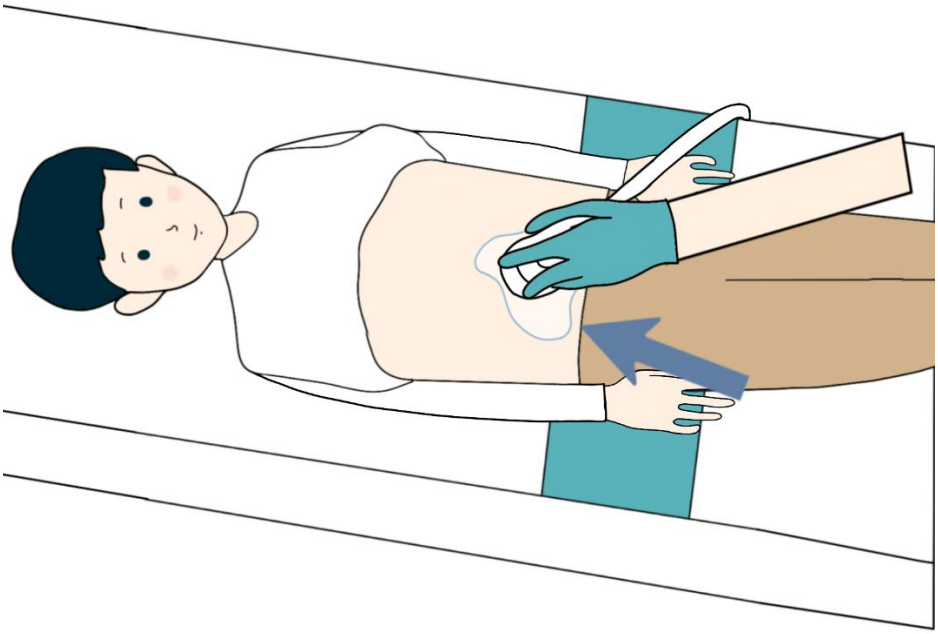
2 躺下



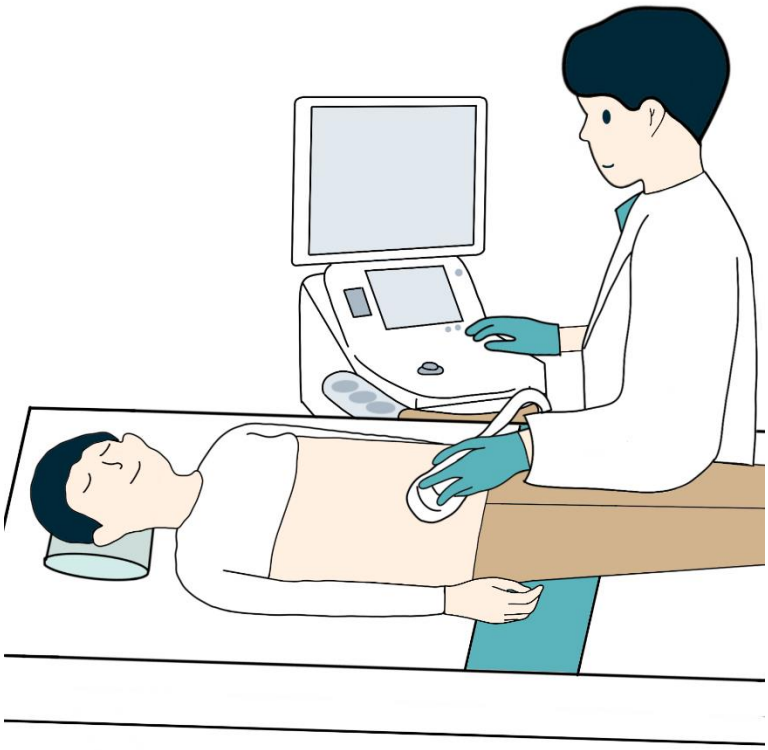
3 醫師會在檢查部位塗上凝膠



4 醫師會使用工具觸碰檢查部位

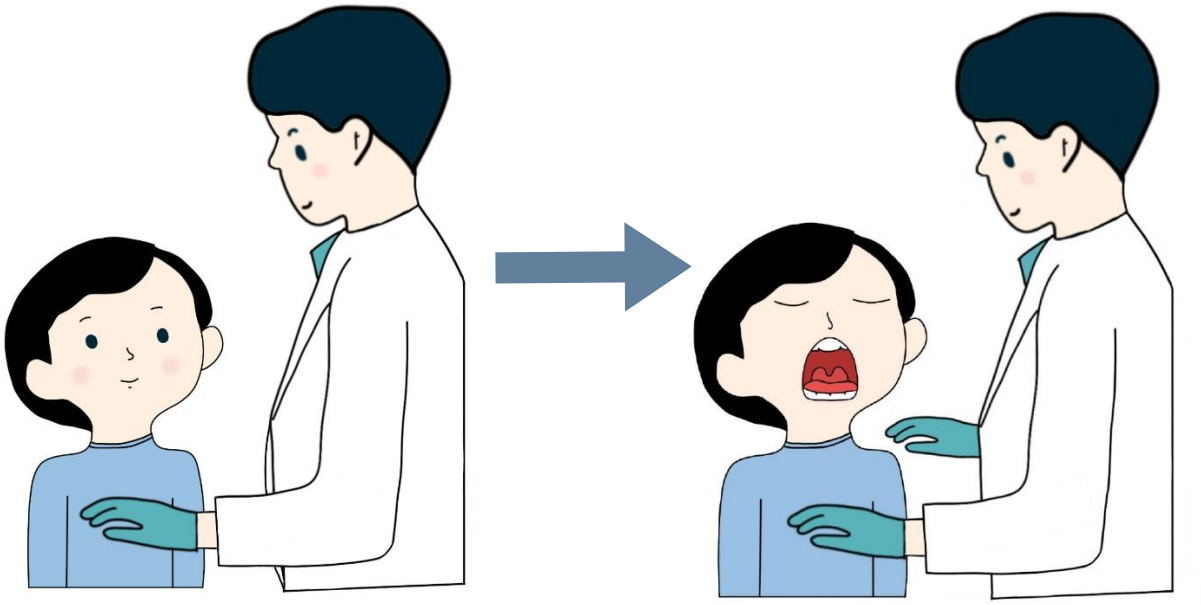


5 放鬆等待檢查結束，保持不動

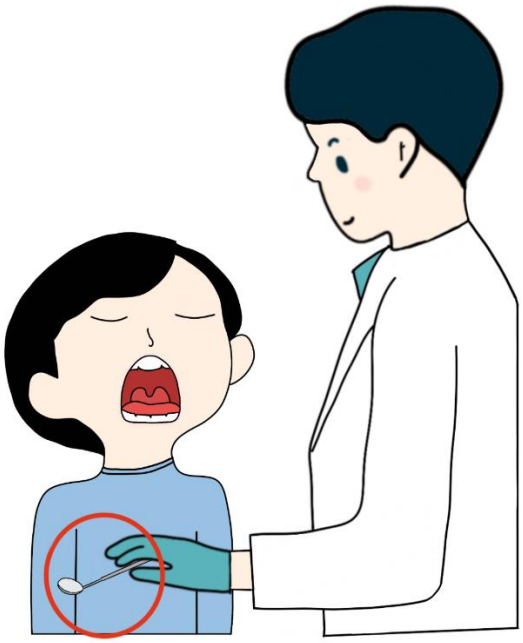


牙齒檢查

1 張開嘴巴

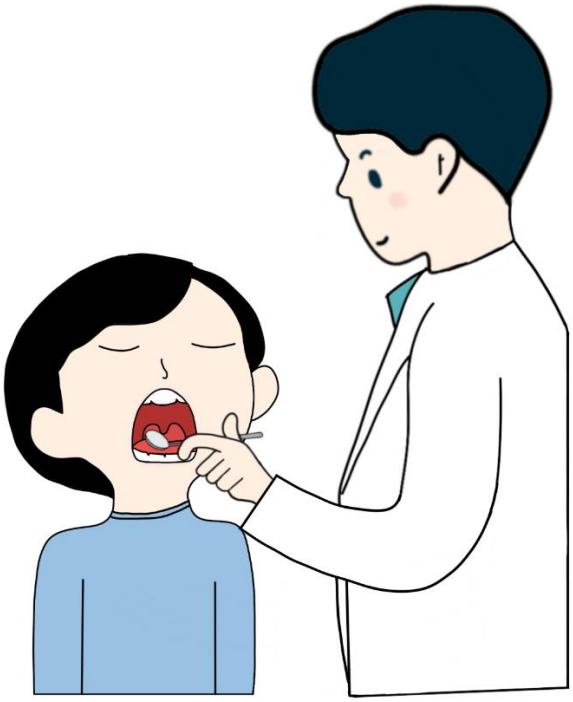


2 讓醫師把檢查工具放入嘴巴



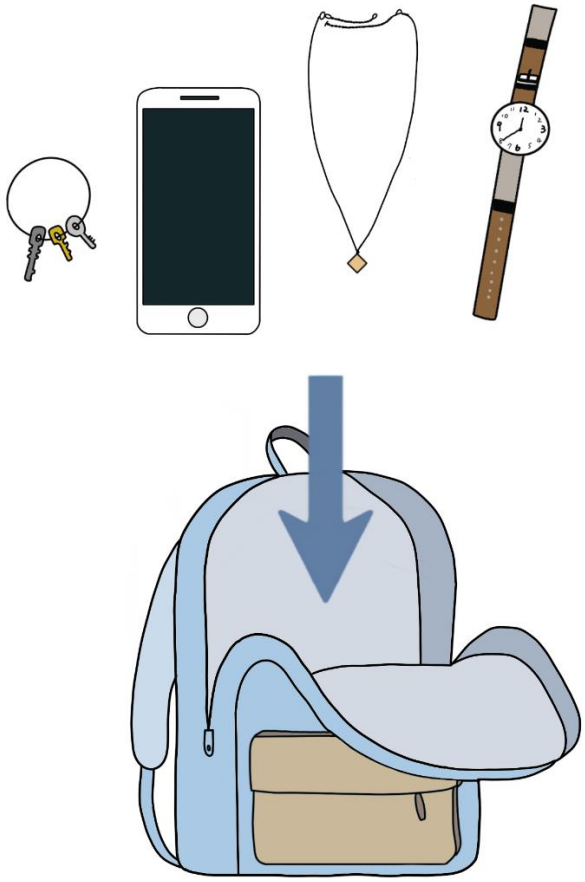
3

讓醫師檢查牙齒，
舌頭保持不動

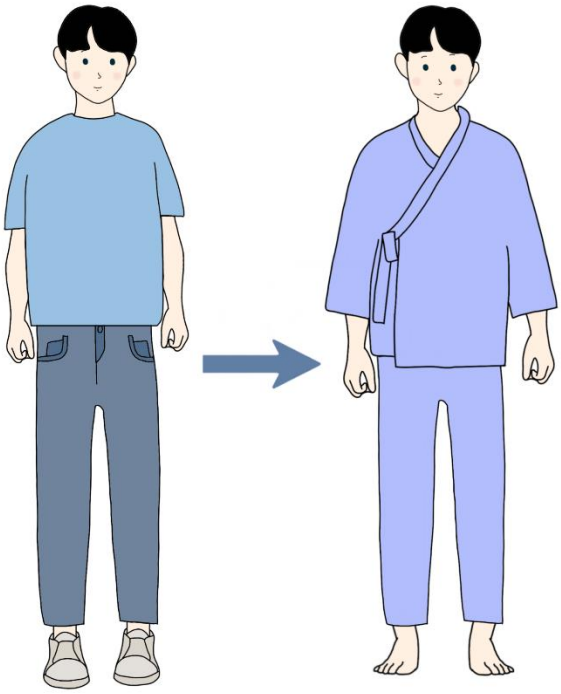


X 光檢查（站式）

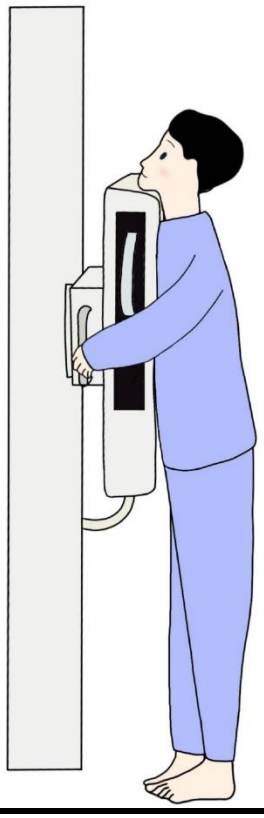
1 身上的重要物品跟金屬物品，請收進隨身包包或拿給家人



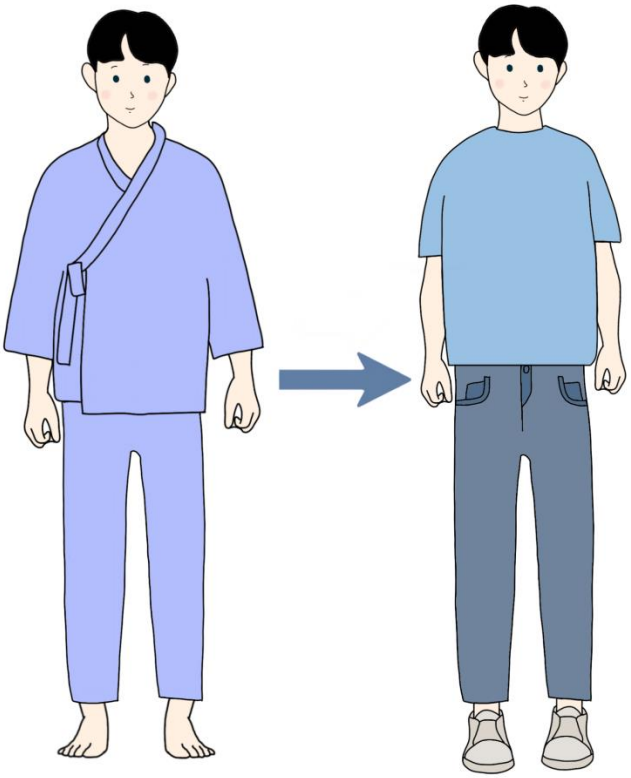
2 換上檢查服



3 抱住儀器，保持不動，等待檢查結束

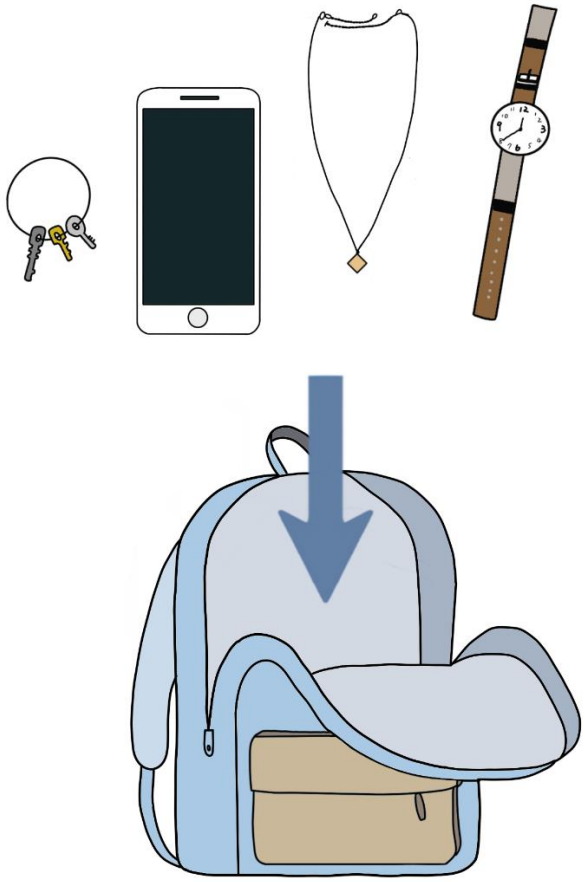


4 脫下檢查服，換回自己的衣服

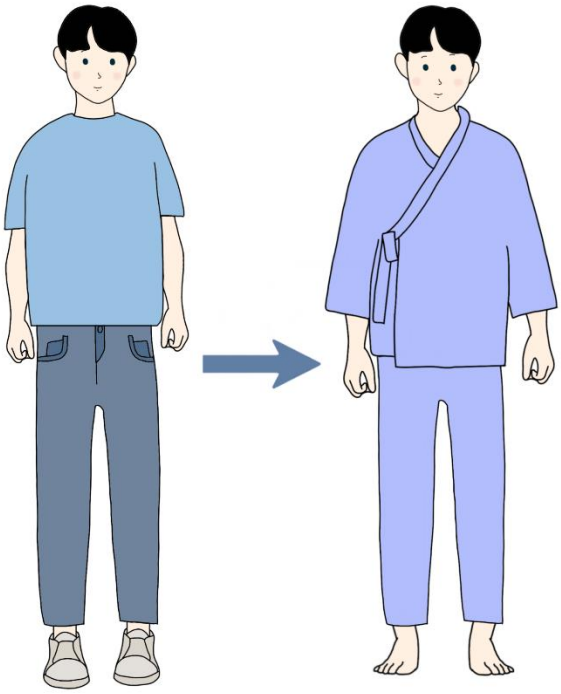


X 光檢查（臥式）

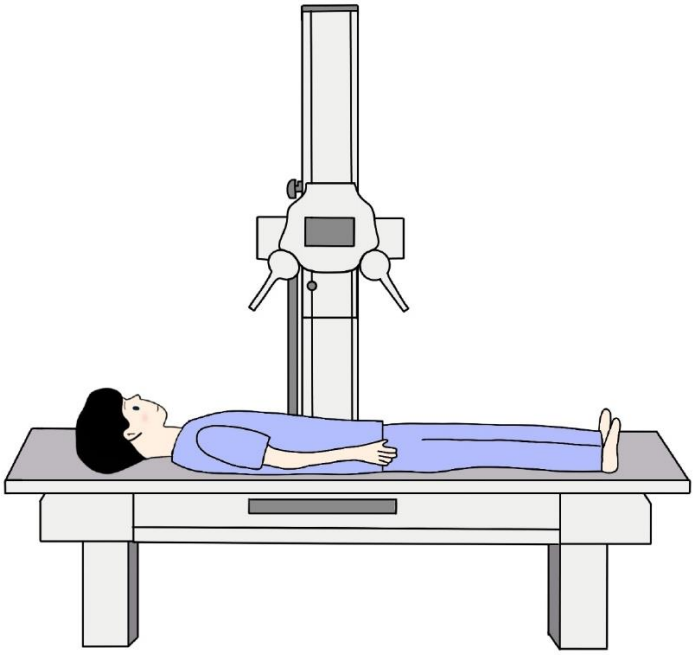
1 身上的重要物品跟金屬物品，請收進隨身包包或拿給家人



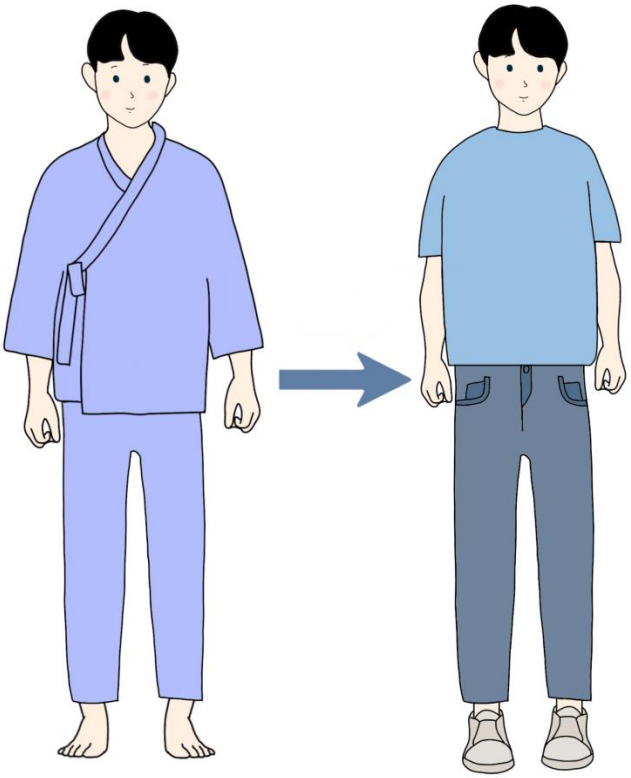
2 換上檢查服



3 放鬆躺下，保持不動，等待檢查結束

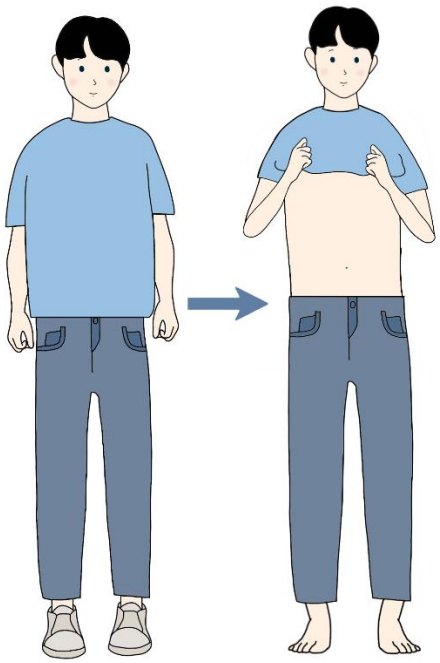


4 脫下檢查服，換回自己的衣服

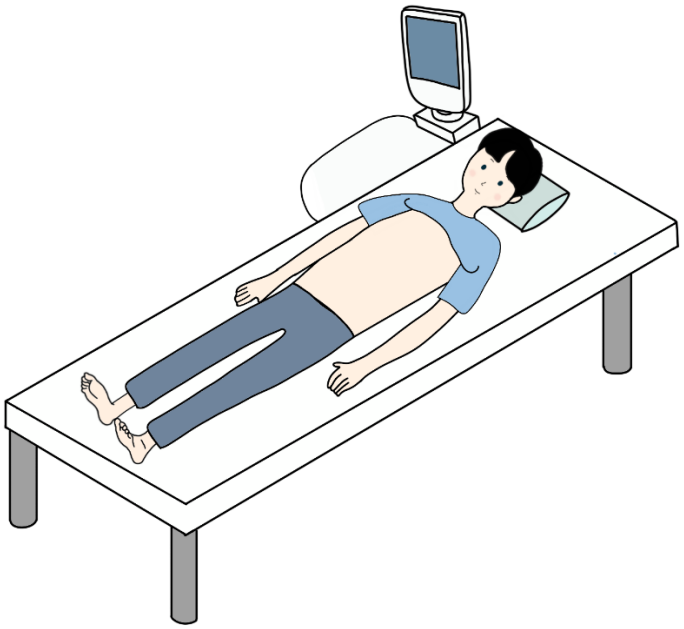


心電圖檢查（男性版）

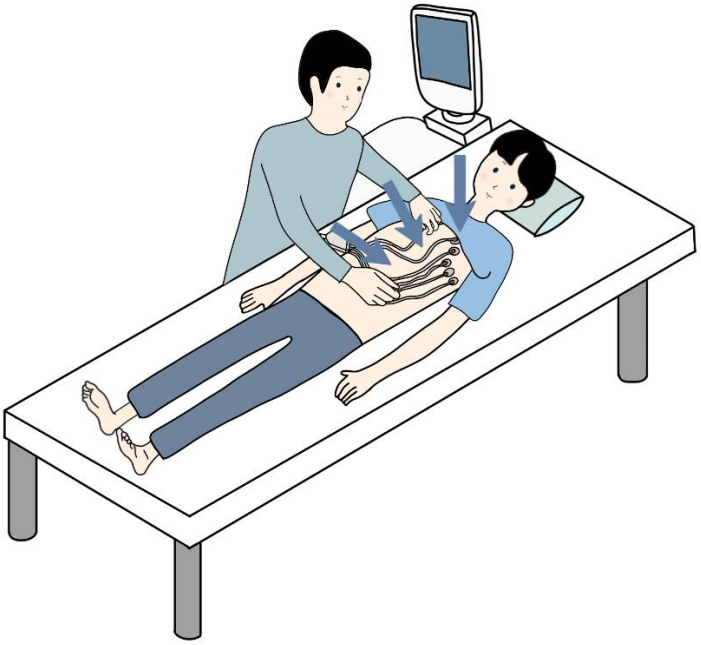
1 把衣服掀起來，掀到胸部以上



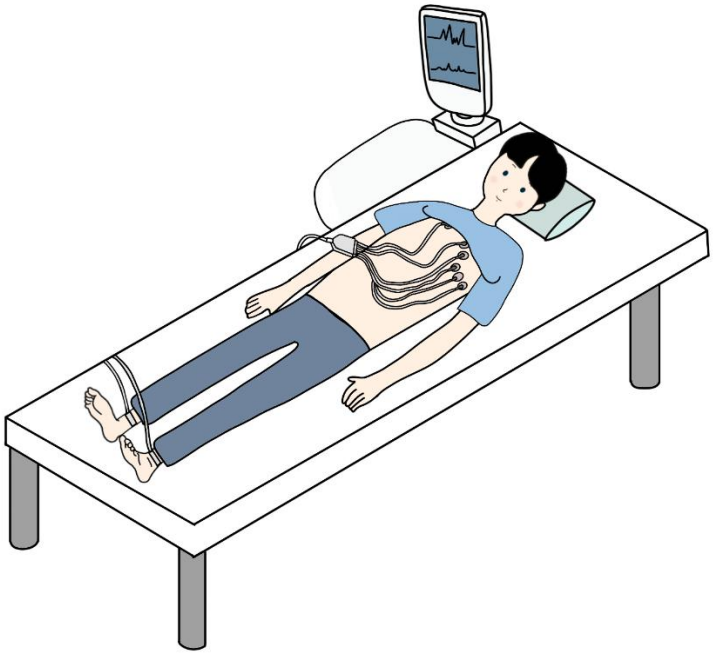
2 躺下



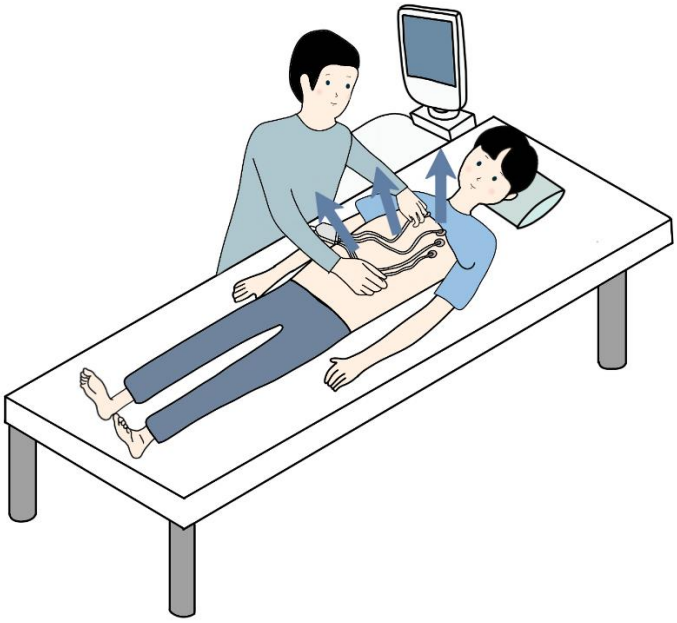
3 檢查人員會貼上電極



4 檢查時間需要 3 到 5 分鐘，放鬆等待，保持不動

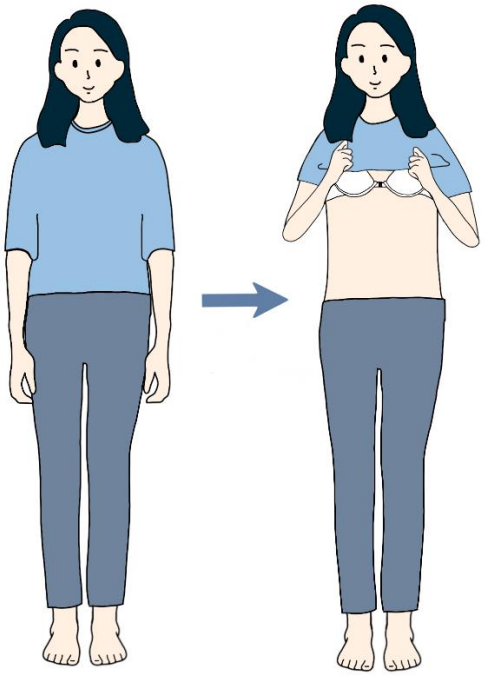


3 檢查人員會拿掉電極

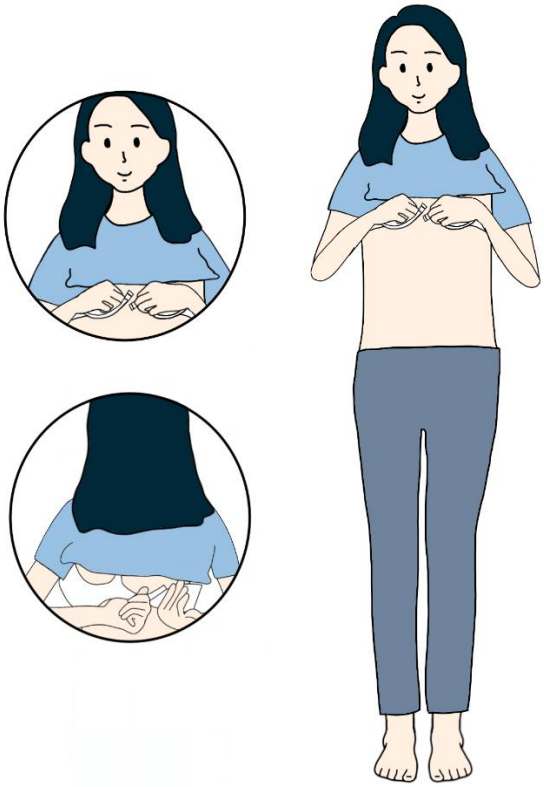


心電圖檢查（女性版）

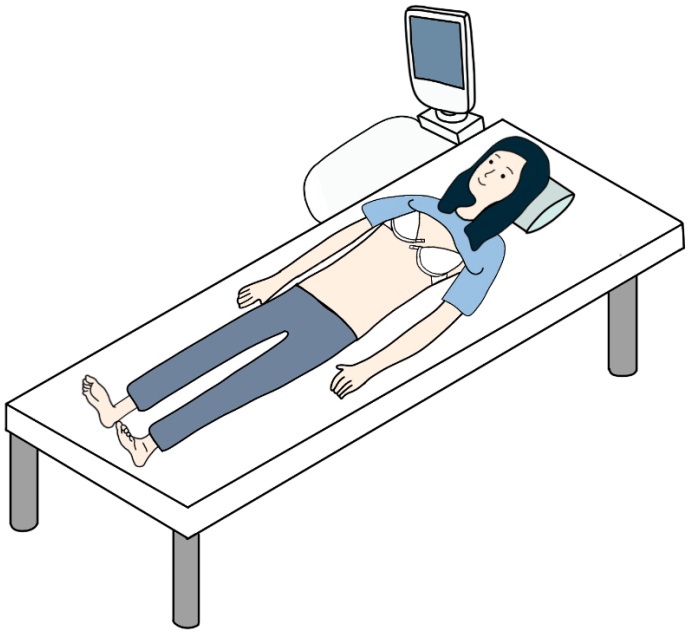
1 把衣服掀起來，掀到胸部以上



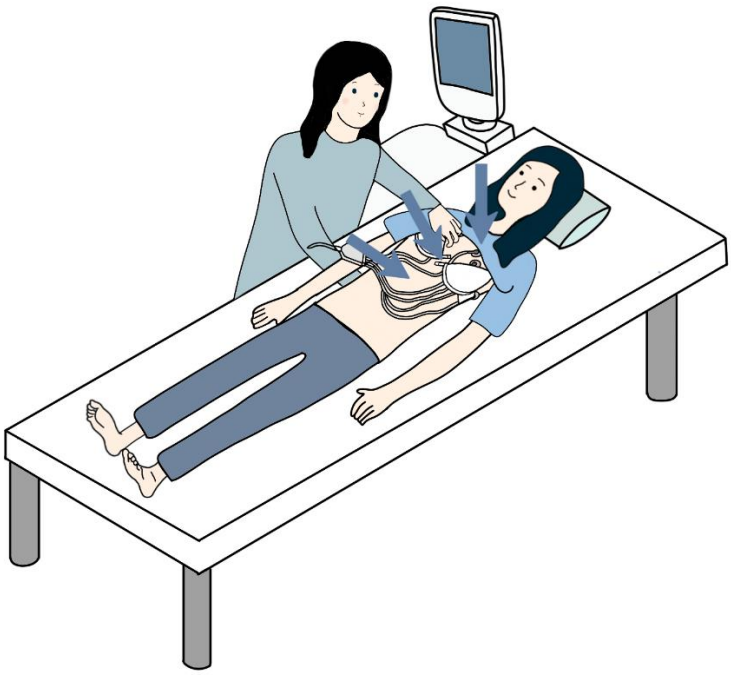
2 將內衣扣子解開



3 躺下

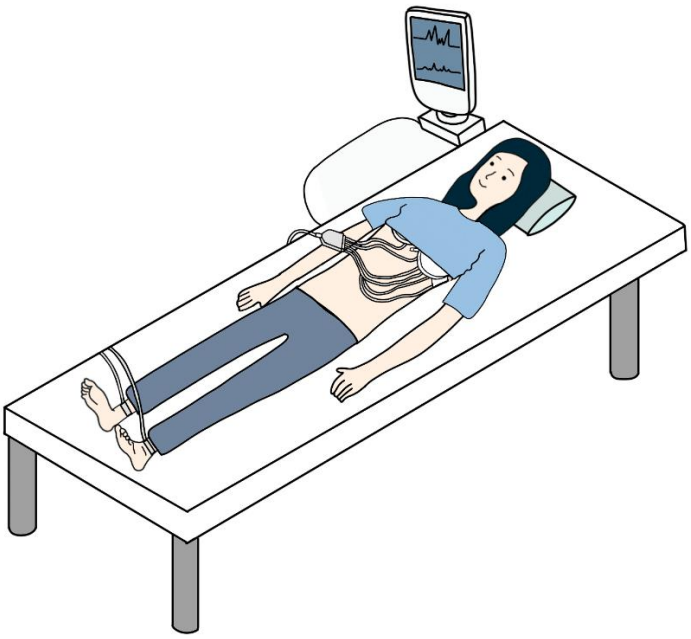


4 檢查人員會貼上電極



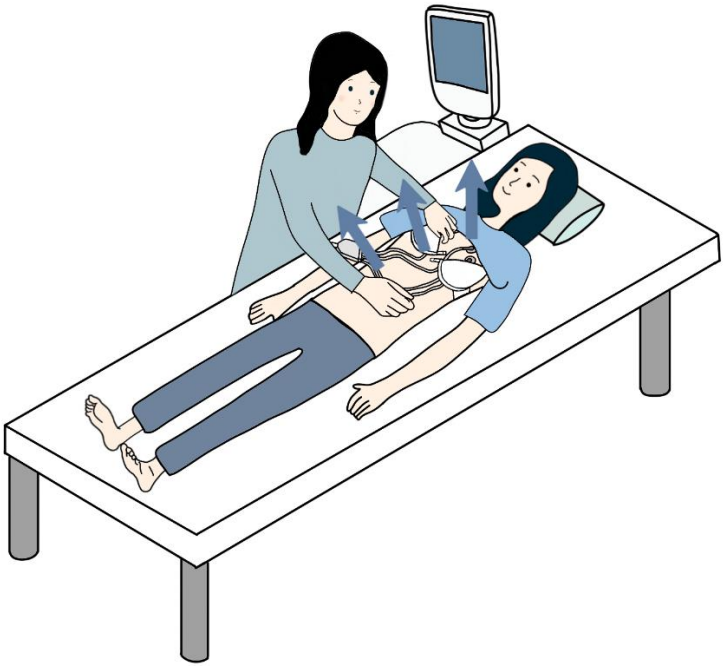
5

可以稍微把上衣拉下來遮住胸部，
檢查時間需要 3 到 5 分鐘，
放鬆等待，保持不動



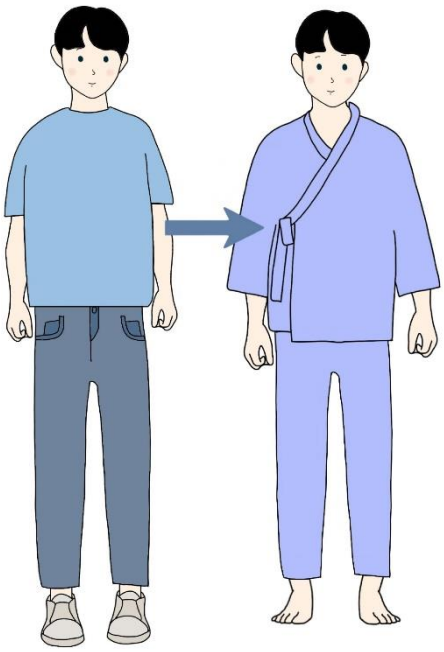
6

檢查人員會拿掉電極

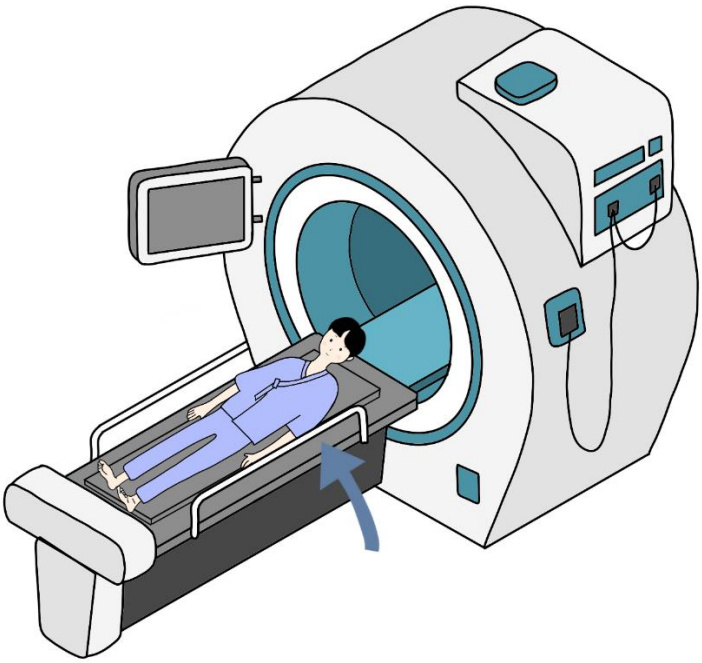


電腦斷層檢查

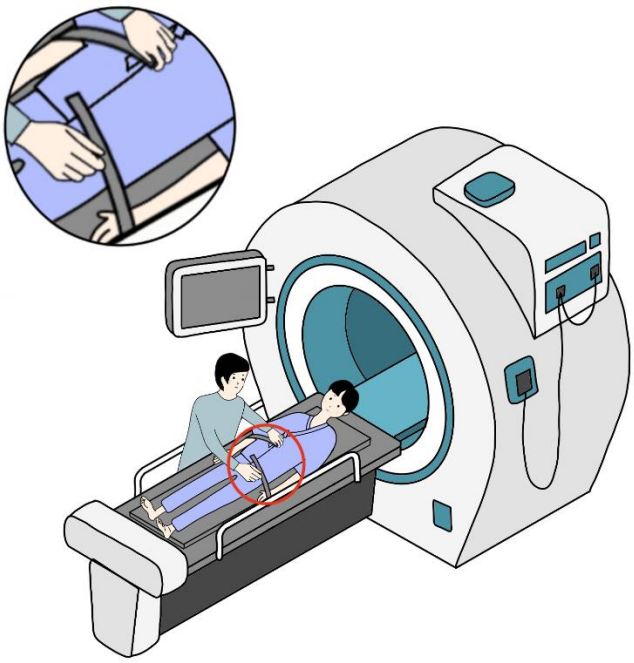
1 換上檢查服



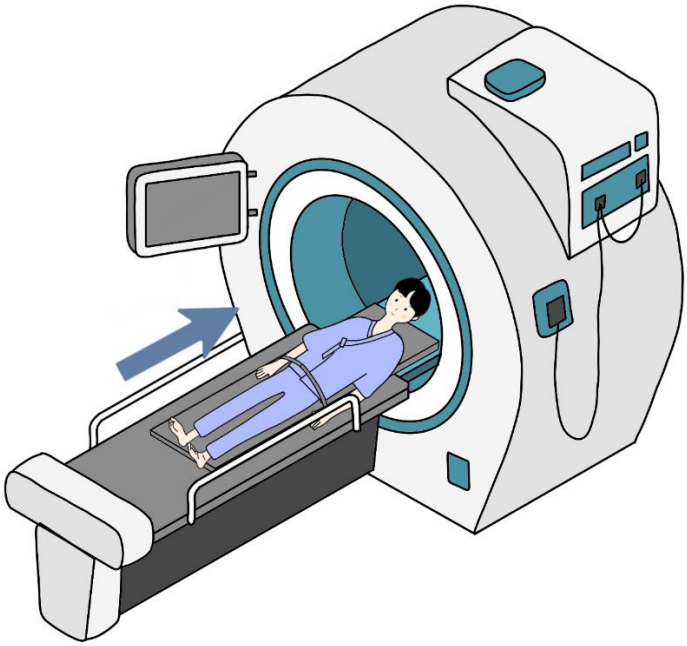
2 躺下



3 檢查人員會綁上帶子

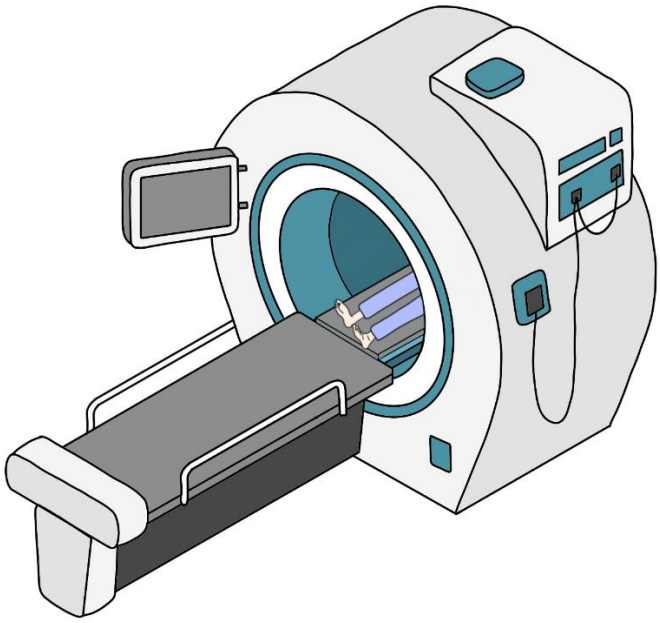


4 身體下方的板子開始往機器裡面移動



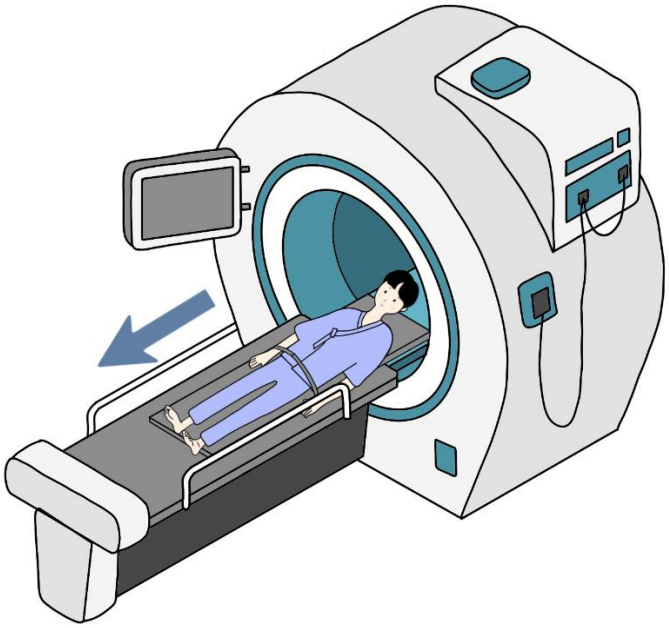
5

進到機器裡面後，
檢查開始進行，
放鬆等待，保持不動

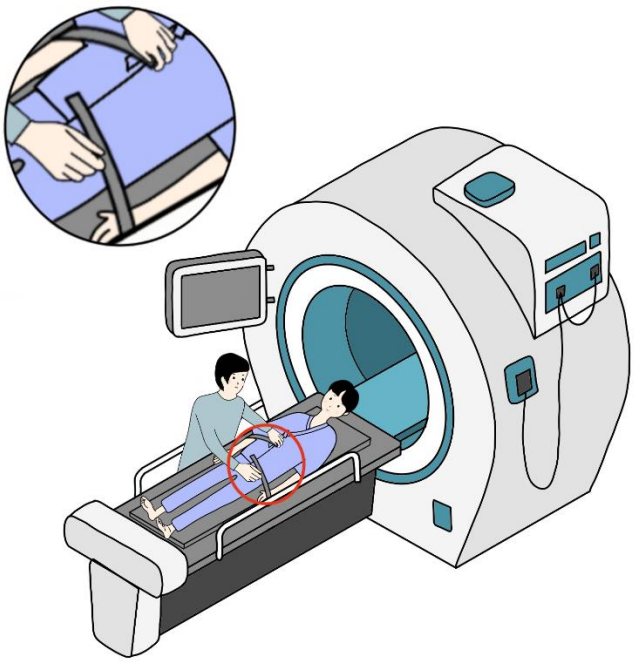


6

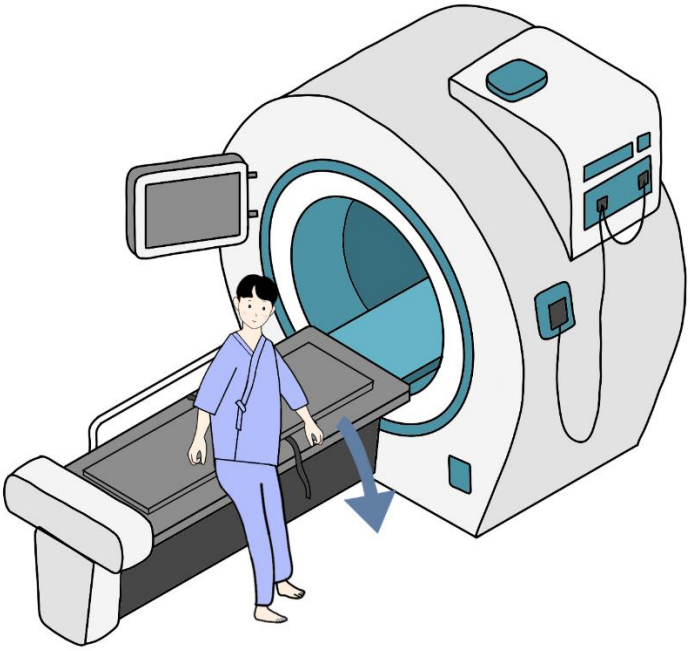
檢查結束後，
身體下方的板子會往外移動



7 檢查人員會解開帶子

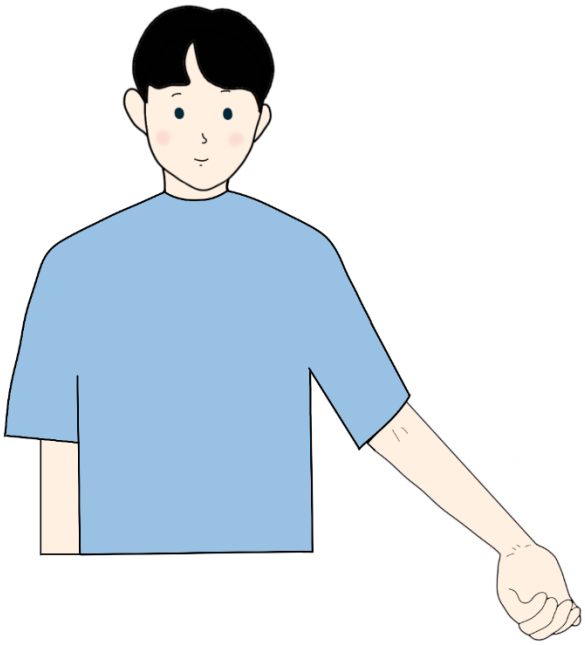


8 可以離開機器了

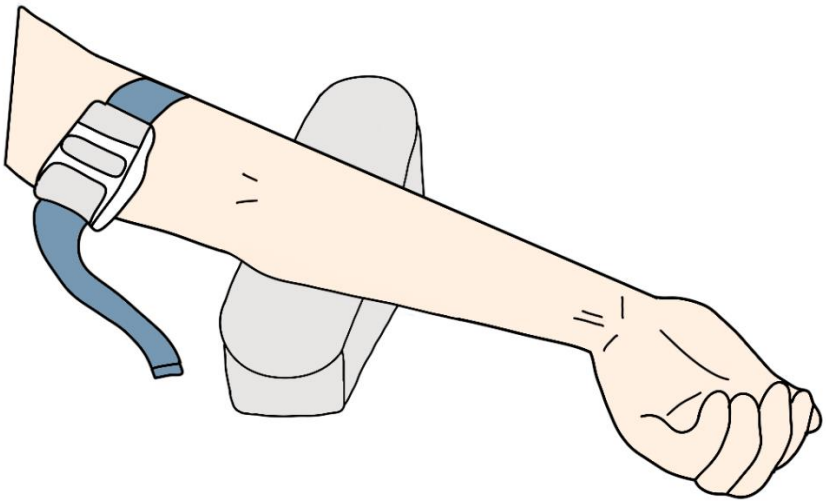


打點滴

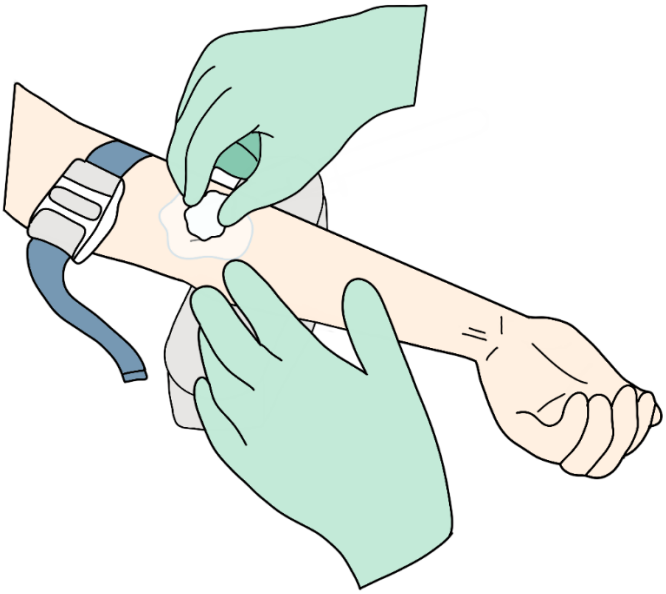
1 伸出手臂



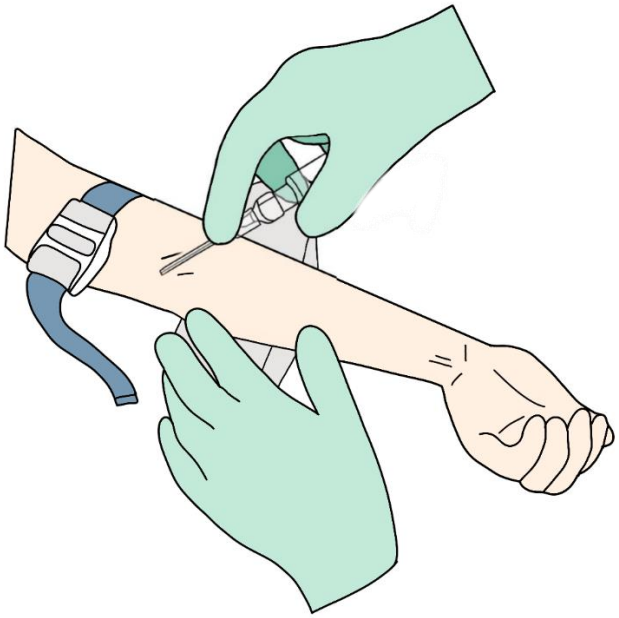
2 綁住手臂



3 擦酒精

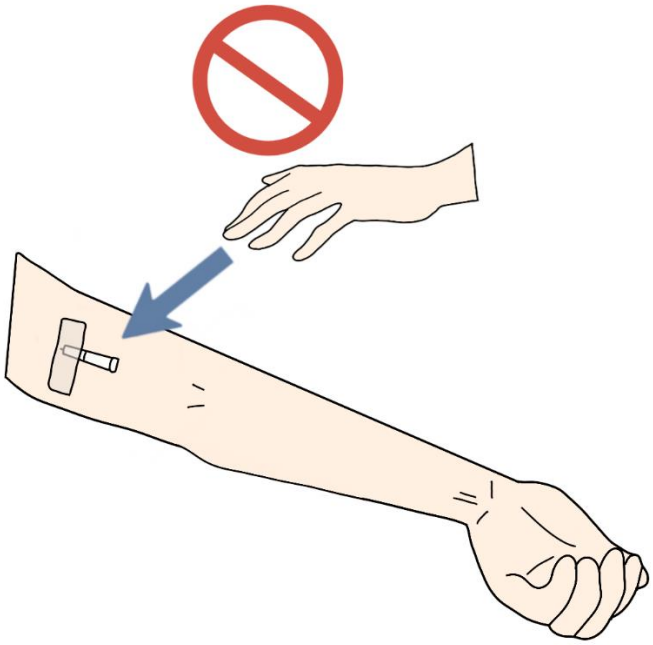


4 插入針頭，開始打點滴



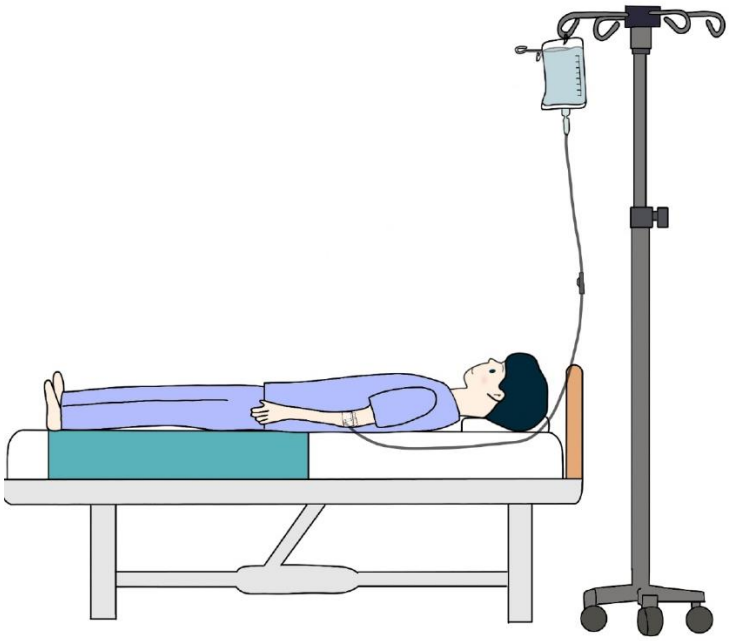
5

針會固定在身體上，
請避免自己觸摸或拔掉



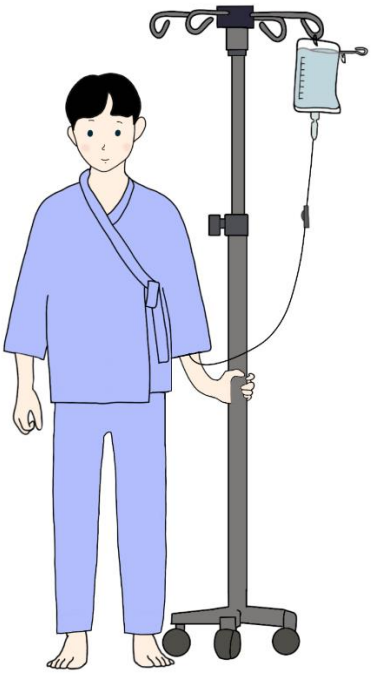
6

放鬆等待，等待打完點滴



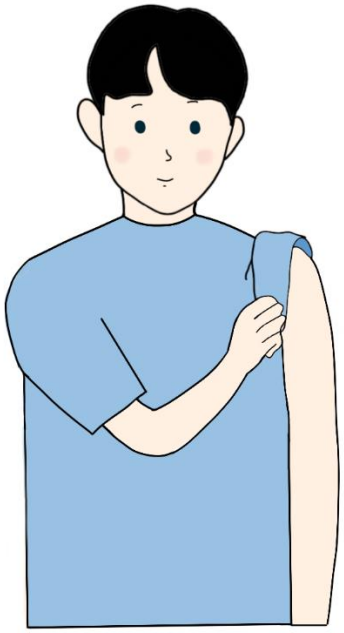
7

如果需要走路，要小心點滴架
如果不舒服，也要告訴醫師

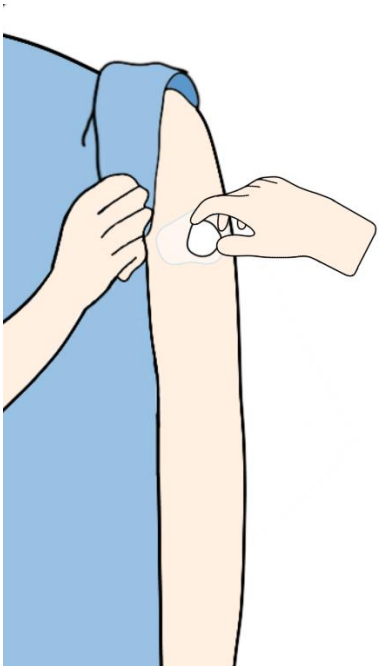


打針

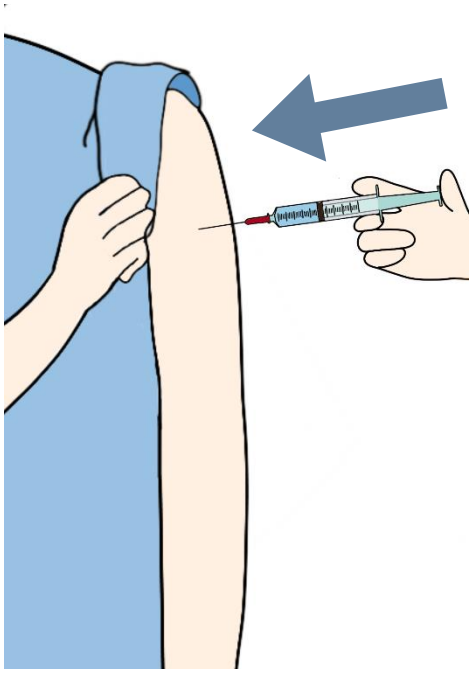
1 捲起袖子到肩膀的高度



2 擦酒精

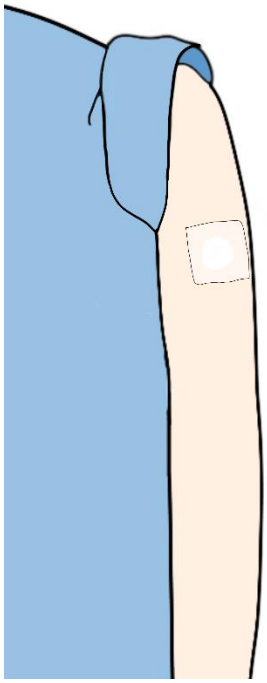


3 插入針頭，開始打針



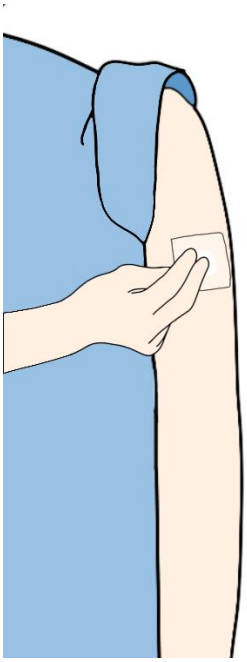
4 打完針後，

會貼上棉花跟透氣膠帶



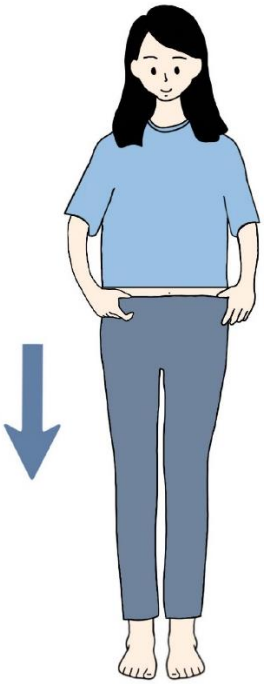
5

用手壓住透氣膠帶來止血，
要壓 5 到 10 分鐘

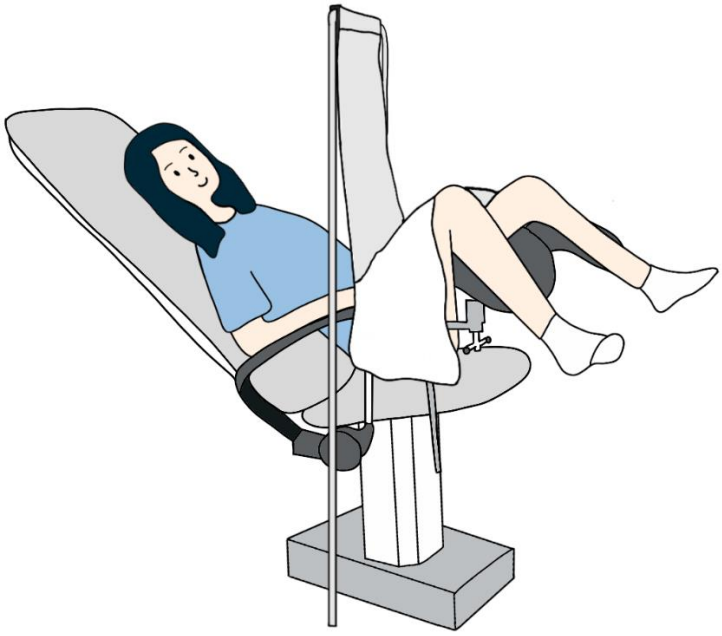


陰道超音波檢查（穿著褲子時）

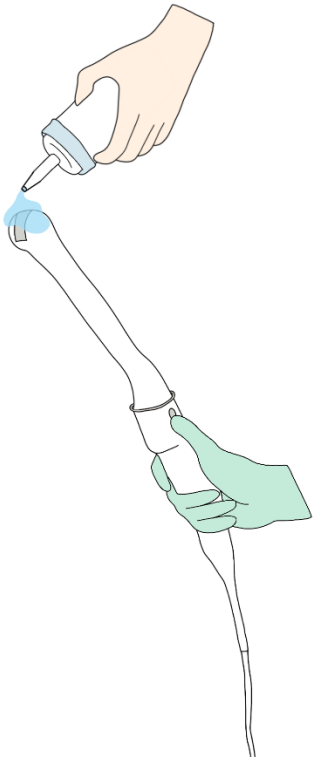
1 脫掉褲子跟內褲



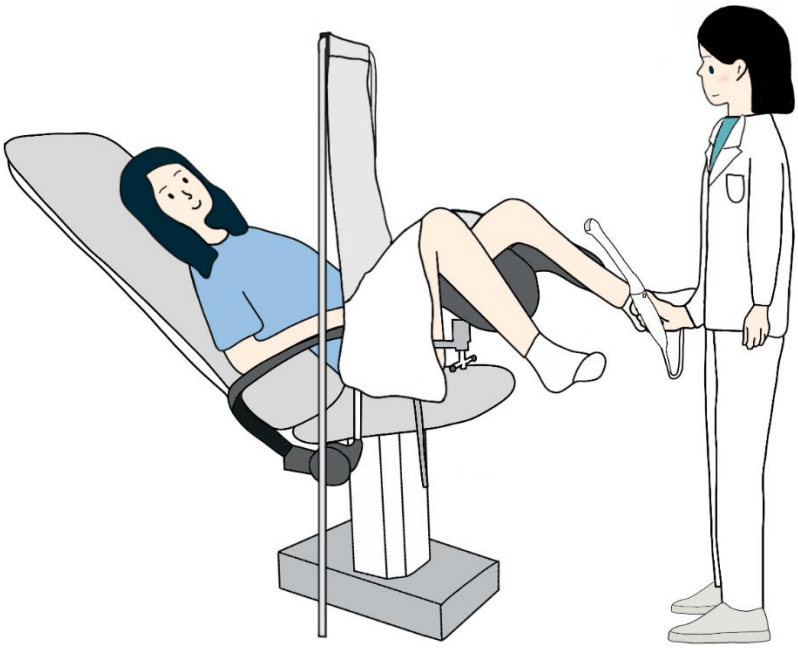
2 躺在檢查用的床上



3 醫師會在檢查工具上塗凝膠

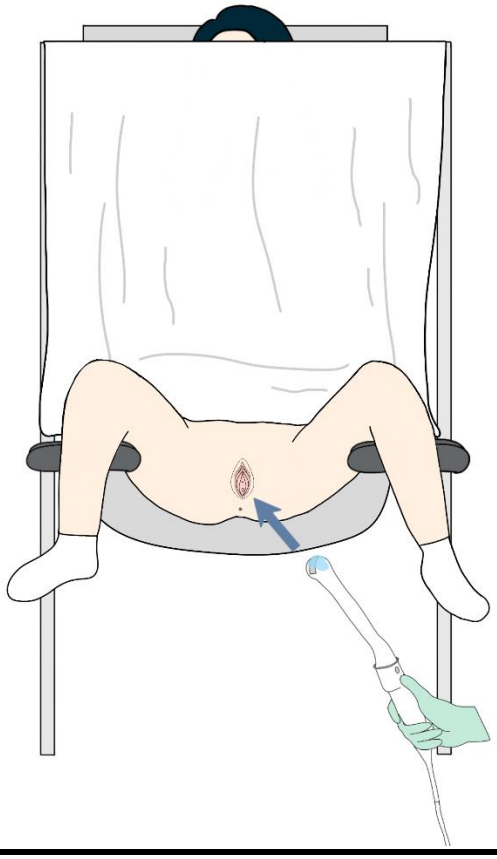


4 醫師會用檢查工具進行檢查



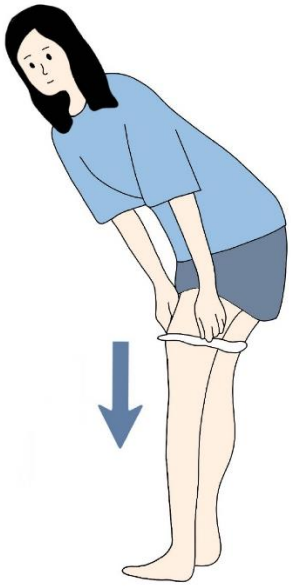
5

醫師會把檢查工具放進陰道，放鬆等待，保持不動

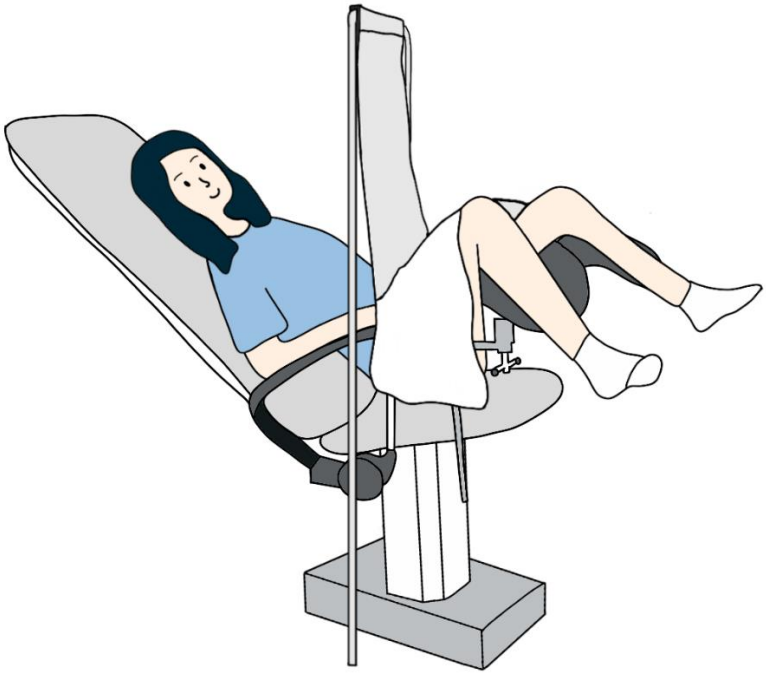


陰道超音波檢查（穿著裙子時）

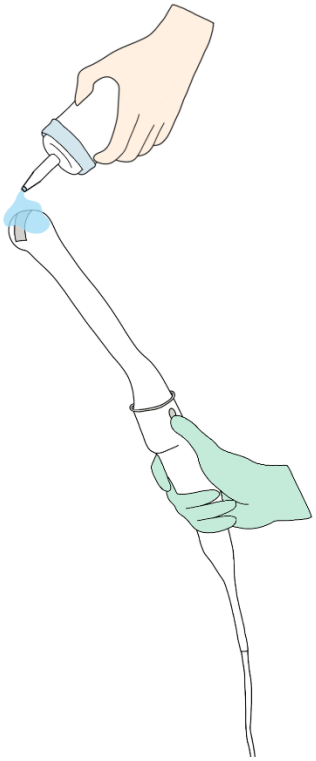
1 脫掉內褲



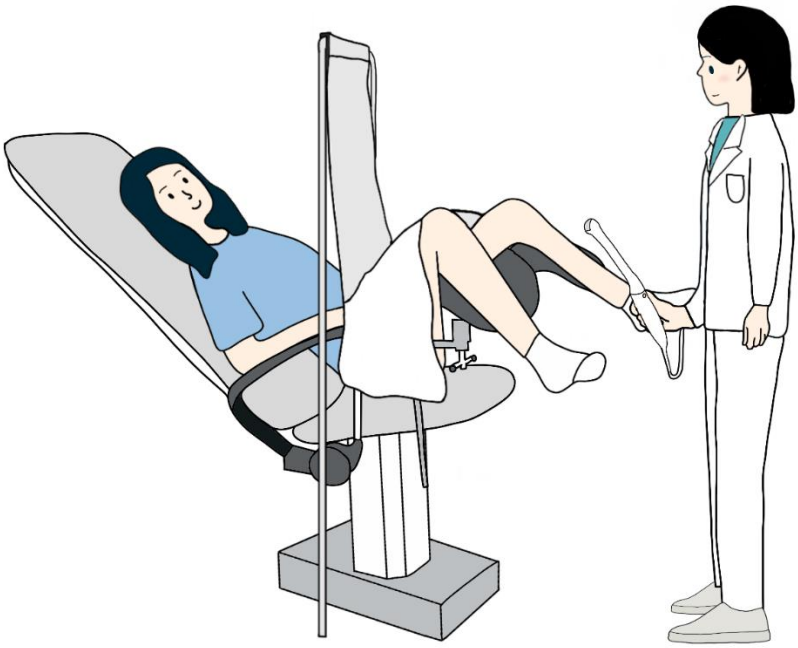
2 躺在檢查用的床上



3 醫師會在檢查工具上塗凝膠

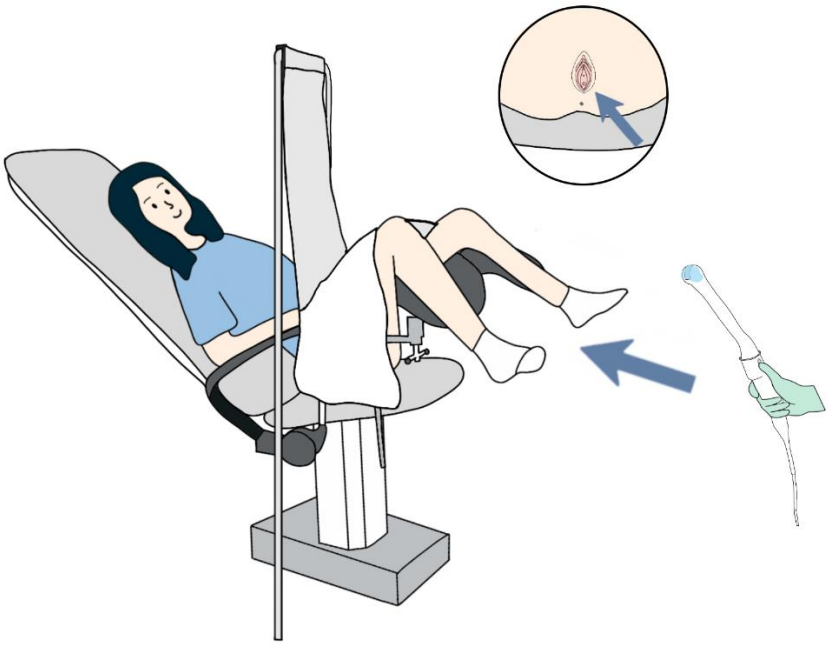


4 醫師會用檢查工具進行檢查



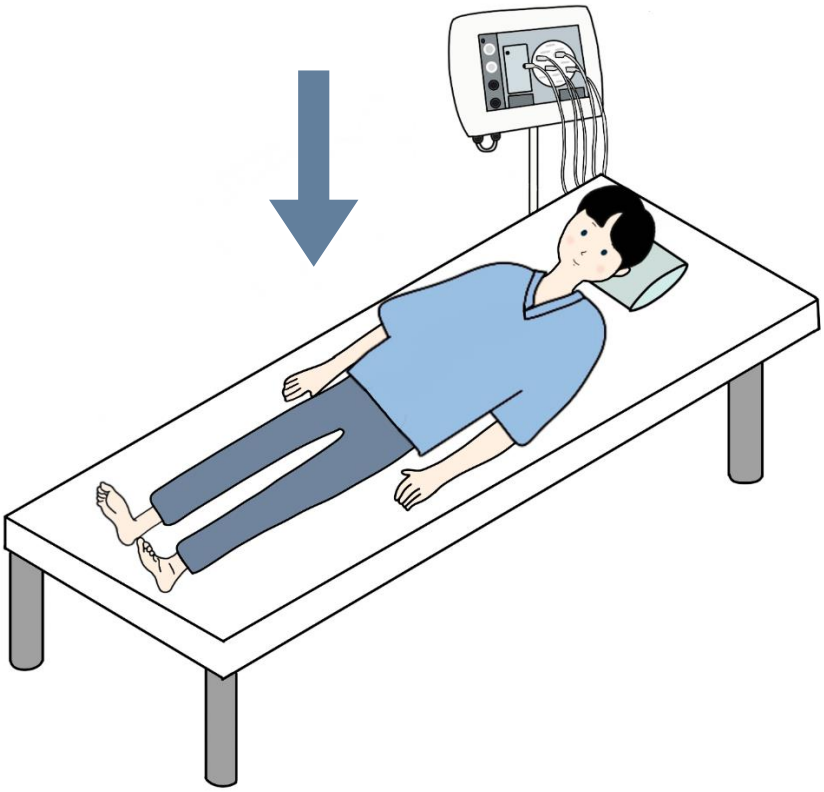
5

醫師會把檢查工具放進陰道，放鬆等待，保持不動

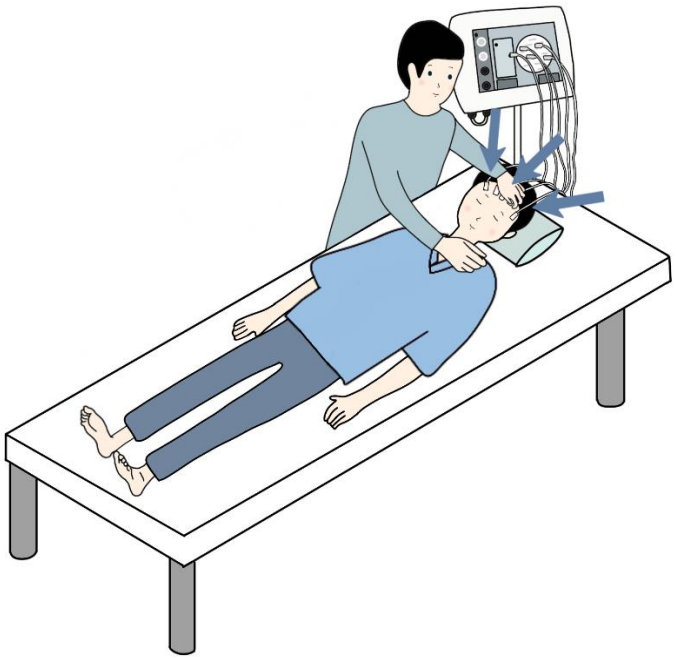


腦波檢查

1 躺下

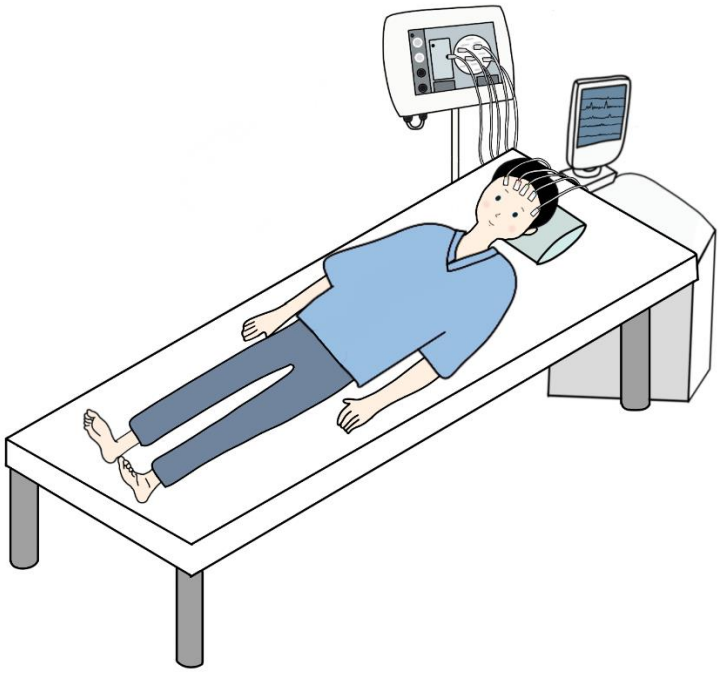


2 讓檢查人員把線貼在頭上



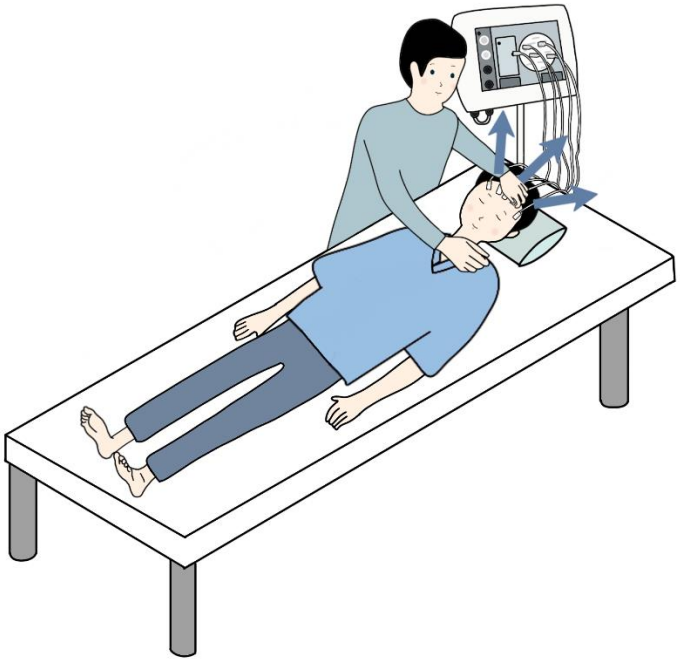
3

檢查時間需要 40 到 60 分鐘，
放鬆等待，保持不動



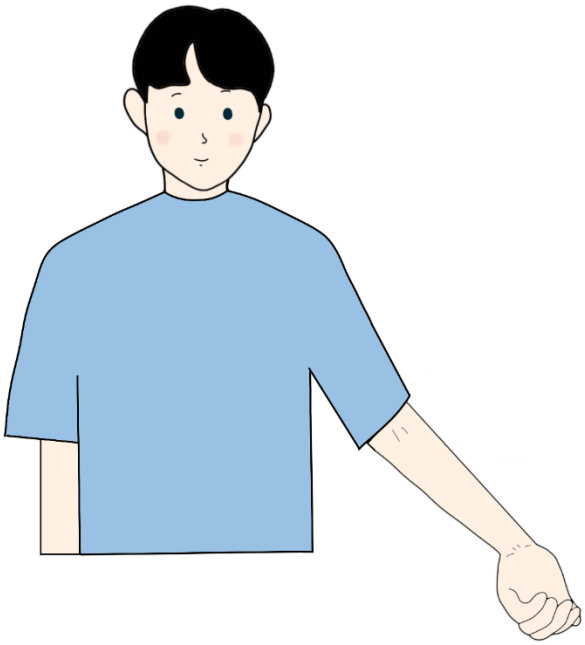
4

檢查結束，
檢查人員會把線拿掉

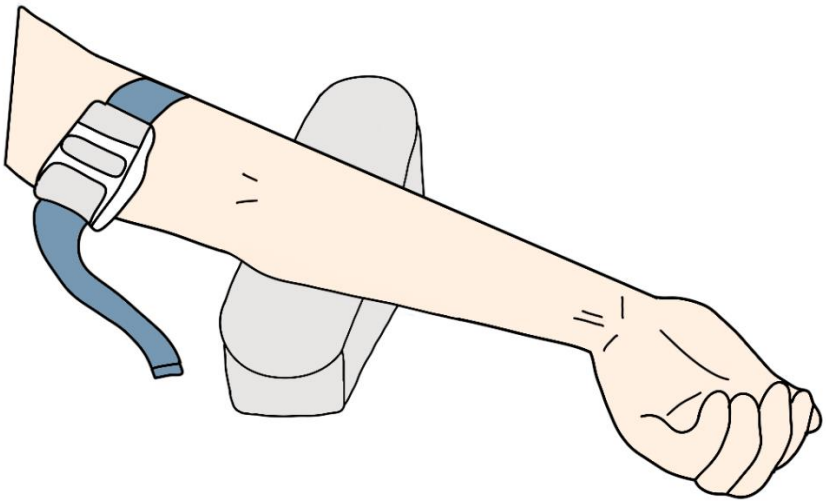


抽血檢查

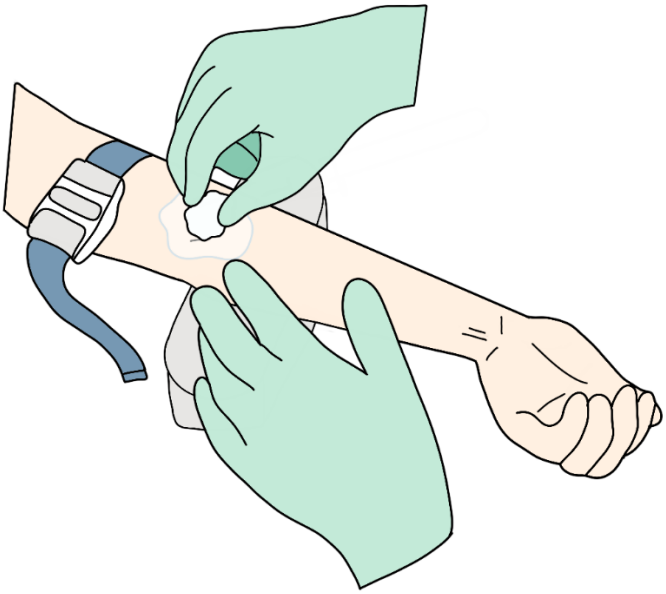
1 伸出手臂



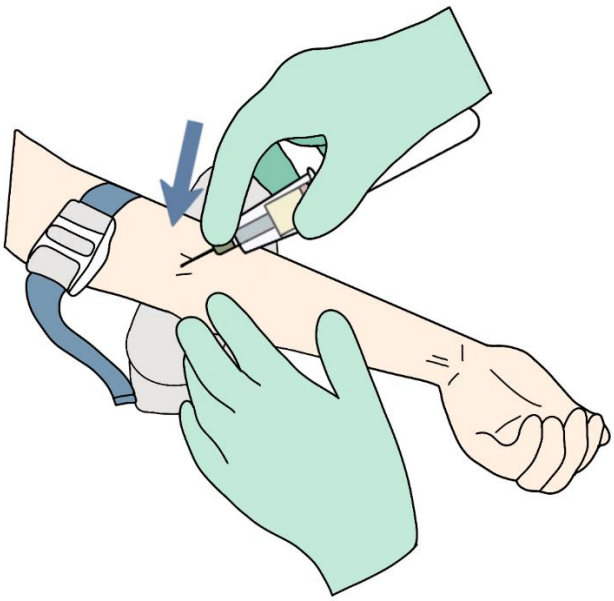
2 綁住手臂



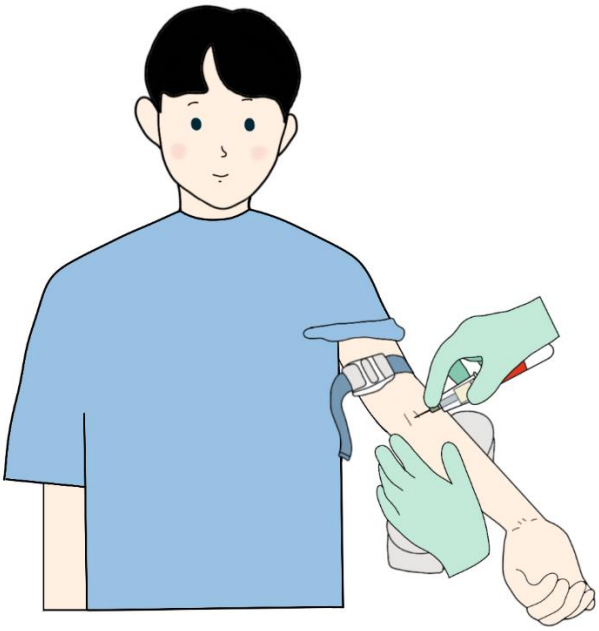
3 擦酒精



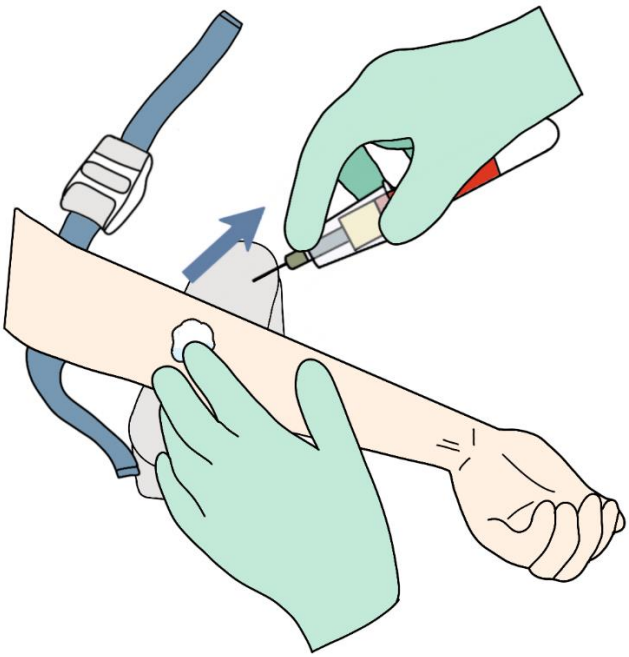
4 插入針頭，開始抽血



5 放鬆等待，保持不動



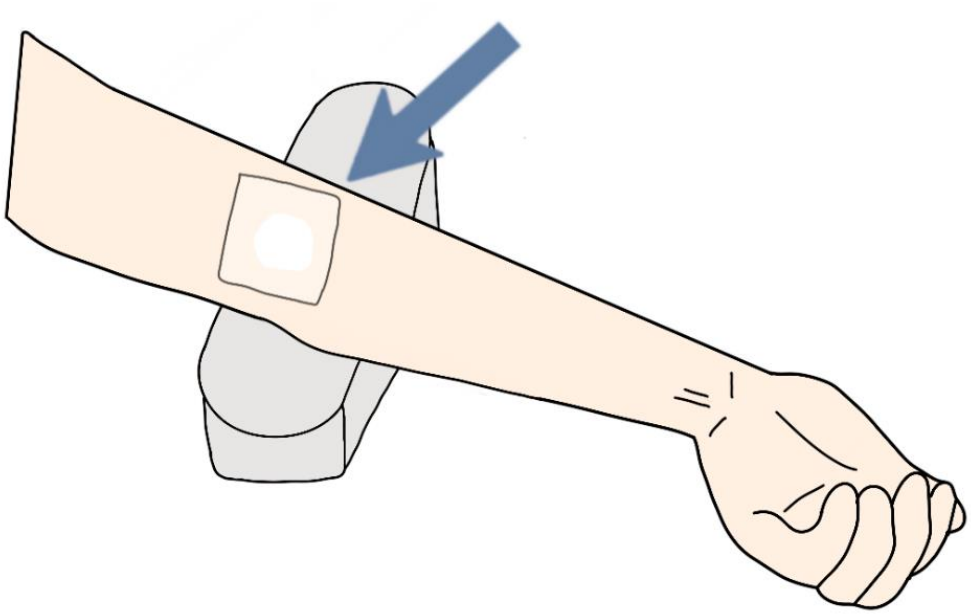
6 等待檢查人員拔出針頭

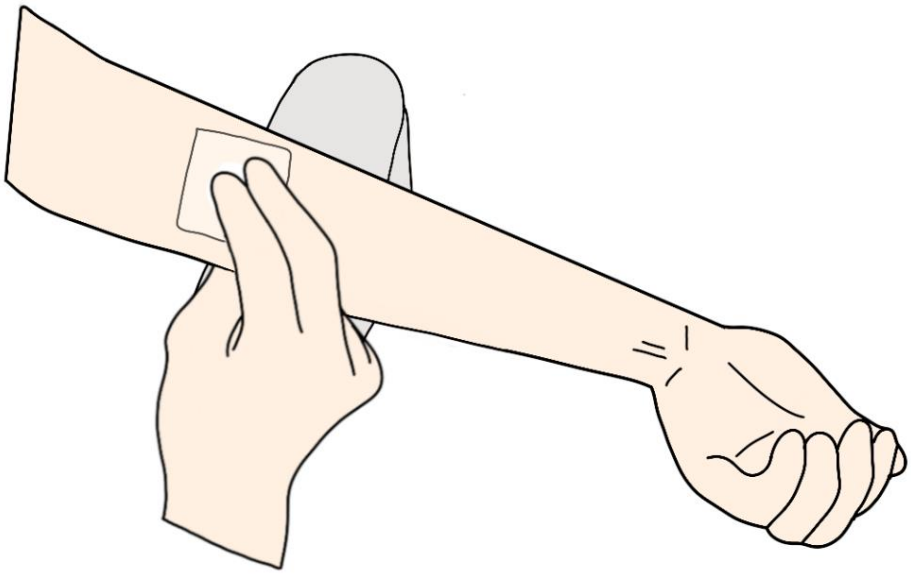


7

抽完血後，

會貼上棉花跟透氣膠帶



8

用手壓住透氣膠帶來止血，
要壓住 5 到 10 分鐘，
請避免去揉抽血的地方